

Prueba 30  
08/02/2026

Fem., 200m Libre

JUSE F  
Resultados

Clasificación					Edad					Tiempo	Puntos		
JUN F													
1.	BARROS DA SILVA, Sofia				17	GALAICO				2:08.47	19,00		
	50m:	30.61	30.61	100m:	1:02.74	32.13	150m:	1:35.76	33.02	200m:	2:08.47	32.71	
2.	SANTAS VAZQUEZ, Laura				17	PORTAMIÑA				2:12.84	16,00		
	50m:	31.29	31.29	100m:	1:04.32	33.03	150m:	1:38.51	34.19	200m:	2:12.84	34.33	
3.	ILLAN LAMAS, Aroa				16	PORTAMIÑA				2:16.17	14,00		
	50m:	31.43	31.43	100m:	1:05.70	34.27	150m:	1:41.37	35.67	200m:	2:16.17	34.80	
4.	DE CARLOS TOBIO, Begoña				18	RIASBAIXAS				2:17.88	13,00		
	50m:	32.27	32.27	100m:	1:07.54	35.27	150m:	1:43.06	35.52	200m:	2:17.88	34.82	
5.	RODRIGUEZ RODRIGUEZ, Paula				18	ARTEIXO				2:17.95	12,00		
	50m:	32.36	32.36	100m:	1:07.53	35.17	150m:	1:43.03	35.50	200m:	2:17.95	34.92	
6.	CASTRO CIDRAS, Alba				16	GALAICO				2:18.22	11,00		
	50m:	32.37	32.37	100m:	1:07.91	35.54	150m:	1:43.40	35.49	200m:	2:18.22	34.82	
7.	MUÑOZ GAVINO, Paula				18	PORTAMIÑA				2:19.18	-		
	50m:	32.41	32.41	100m:	1:07.76	35.35	150m:	1:43.80	36.04	200m:	2:19.18	35.38	
8.	RODRIGUEZ VIÑA, Valeria				17	FOGAR				2:20.53	10,00		
	50m:	32.89	32.89	100m:	1:07.84	34.95	150m:	1:43.85	36.01	200m:	2:20.53	36.68	
9.	ALVAREZ GARCIA, Mencia				16	POURENSE				2:20.92	9,00		
	50m:	32.07	32.07	100m:	1:07.44	35.37	150m:	1:44.12	36.68	200m:	2:20.92	36.80	
10.	CARRASCO DE CASTRO, Marina				16	MARINAF				2:21.95	8,00		
	50m:	32.91	32.91	100m:	1:09.38	36.47	150m:	1:46.22	36.84	200m:	2:21.95	35.73	
11.	SOUTO GOMEZ, Claudia				16	FLUVIAL				2:23.48	7,00		
	50m:	34.10	34.10	100m:	1:10.49	36.39	150m:	1:47.81	37.32	200m:	2:23.48	35.67	
12.	SALGUEIRIÑO ÁLVAREZ, Noa				18	MOS				2:24.24	6,00		
	50m:	32.41	32.41	100m:	1:08.54	36.13	150m:	1:45.91	37.37	200m:	2:24.24	38.33	
13.	FERNANDEZ LINARES, Arianna-Carolir				17	RCNVIGO				2:24.78	5,00		
	50m:	31.58	31.58	100m:	1:06.96	35.38	150m:	1:45.26	38.30	200m:	2:24.78	39.52	
14.	DOVAL CASTRO, Carla				18	REDONDELA				2:27.40	-		
	50m:	33.06	33.06	100m:	1:10.91	37.85	150m:	1:49.85	38.94	200m:	2:27.40	37.55	
15.	ARRUÑADA VAZQUEZ, Carmen				16	NCORUÑA				2:29.33	-		
	50m:	35.69	35.69	100m:	1:13.51	37.82	150m:	1:52.02	38.51	200m:	2:29.33	37.31	
16.	PARDO CORTEZ, Sara				16	PORTAMIÑA				2:30.22	-		
	50m:	34.43	34.43	100m:	1:12.59	38.16	150m:	1:51.92	39.33	200m:	2:30.22	38.30	
17.	PEREZ TENREIRO, Alba				17	NFERROL				2:30.51	-		
	50m:	34.16	34.16	100m:	1:11.85	37.69	150m:	1:51.47	39.62	200m:	2:30.51	39.04	

SENI F

1.	MARTINEZ NOVOA, Angela	22	NFERROL	2:18.66	-						
	50m: 32.09 32.09 100m: 1:06.79 34.70 150m: 1:42.12 35.33 200m: 2:18.66 36.54										
2.	COUCEIRO BARREIRO, Marta	19	CASINOC	2:25.43	-						
	50m: 33.84 33.84 100m: 1:10.25 36.41 150m: 1:48.20 37.95 200m: 2:25.43 37.23										

Prueba 30, Fem., 200m Libre

17 - 18 años

1. BARROS DA SILVA, Sofia	17	GALAICO	<b>2:08.47</b>	19,00
50m: 30.61 30.61 100m: 1:02.74	32.13 150m: 1:35.76	33.02 200m: 2:08.47	32.71	
2. SANTAS VAZQUEZ, Laura	17	PORTAMIÑA	<b>2:12.84</b>	16,00
50m: 31.29 31.29 100m: 1:04.32	33.03 150m: 1:38.51	34.19 200m: 2:12.84	34.33	
3. DE CARLOS TOBIO, Begoña	18	RIASBAIXAS	<b>2:17.88</b>	13,00
50m: 32.27 32.27 100m: 1:07.54	35.27 150m: 1:43.06	35.52 200m: 2:17.88	34.82	
4. RODRIGUEZ RODRIGUEZ, Paula	18	ARTEIXO	<b>2:17.95</b>	12,00
50m: 32.36 32.36 100m: 1:07.53	35.17 150m: 1:43.03	35.50 200m: 2:17.95	34.92	
5. MUÑOZ GAVINO, Paula	18	PORTAMIÑA	<b>2:19.18</b>	-
50m: 32.41 32.41 100m: 1:07.76	35.35 150m: 1:43.80	36.04 200m: 2:19.18	35.38	
6. RODRIGUEZ VIÑA, Valeria	17	FOGAR	<b>2:20.53</b>	10,00
50m: 32.89 32.89 100m: 1:07.84	34.95 150m: 1:43.85	36.01 200m: 2:20.53	36.68	
7. SALGUEIRIÑO ÁLVAREZ, Noa	18	MOS	<b>2:24.24</b>	6,00
50m: 32.41 32.41 100m: 1:08.54	36.13 150m: 1:45.91	37.37 200m: 2:24.24	38.33	
8. FERNANDEZ LINARES, Arianna-Carolir	17	RCNVIGO	<b>2:24.78</b>	5,00
50m: 31.58 31.58 100m: 1:06.96	35.38 150m: 1:45.26	38.30 200m: 2:24.78	39.52	
9. DOVAL CASTRO, Carla	18	REDONDELA	<b>2:27.40</b>	-
50m: 33.06 33.06 100m: 1:10.91	37.85 150m: 1:49.85	38.94 200m: 2:27.40	37.55	
10. PEREZ TENREIRO, Alba	17	NFERROL	<b>2:30.51</b>	-
50m: 34.16 34.16 100m: 1:11.85	37.69 150m: 1:51.47	39.62 200m: 2:30.51	39.04	

16 años

1. ILLAN LAMAS, Aroa	16	PORTAMIÑA	<b>2:16.17</b>	14,00
50m: 31.43 31.43 100m: 1:05.70	34.27 150m: 1:41.37	35.67 200m: 2:16.17	34.80	
2. CASTRO CIDRAS, Alba	16	GALAICO	<b>2:18.22</b>	11,00
50m: 32.37 32.37 100m: 1:07.91	35.54 150m: 1:43.40	35.49 200m: 2:18.22	34.82	
3. ALVAREZ GARCIA, Mencia	16	POURENSE	<b>2:20.92</b>	9,00
50m: 32.07 32.07 100m: 1:07.44	35.37 150m: 1:44.12	36.68 200m: 2:20.92	36.80	
4. CARRASCO DE CASTRO, Marina	16	MARINAF	<b>2:21.95</b>	8,00
50m: 32.91 32.91 100m: 1:09.38	36.47 150m: 1:46.22	36.84 200m: 2:21.95	35.73	
5. SOUTO GOMEZ, Claudia	16	FLUVIAL	<b>2:23.48</b>	7,00
50m: 34.10 34.10 100m: 1:10.49	36.39 150m: 1:47.81	37.32 200m: 2:23.48	35.67	
6. ARRUÑADA VAZQUEZ, Carmen	16	NCORUÑA	<b>2:29.33</b>	-
50m: 35.69 35.69 100m: 1:13.51	37.82 150m: 1:52.02	38.51 200m: 2:29.33	37.31	
7. PARDO CORTEZ, Sara	16	PORTAMIÑA	<b>2:30.22</b>	-
50m: 34.43 34.43 100m: 1:12.59	38.16 150m: 1:51.92	39.33 200m: 2:30.22	38.30	