

Prueba 31  
08/02/2026

Masc., 400m Libre

JUSE M  
Resultados

Clasificación				Edad					Tiempo	Puntos		
JUNI M												
1.	SUAREZ MARTINEZ, Diego			18	CASINOC			4:20.59		19,00		
	50m:	29.88	29.88	150m:	1:35.28	33.17	250m:	2:41.61	33.05	350m:	3:49.52	34.03
	100m:	1:02.11	32.23	200m:	2:08.56	33.28	300m:	3:15.49	33.88	400m:	4:20.59	31.07
2.	SUAREZ MARTINEZ, Pedro			16	CASINOC			4:21.34		16,00		
	50m:	29.27	29.27	150m:	1:35.28	33.18	250m:	2:42.47	33.14	350m:	3:49.16	32.81
	100m:	1:02.10	32.83	200m:	2:09.33	34.05	300m:	3:16.35	33.88	400m:	4:21.34	32.18
3.	DIAZ RODRIGUEZ, Ivan			18	PORTAMIÑA			4:23.08		14,00		
	50m:	30.49	30.49	150m:	1:36.99	33.50	250m:	2:43.93	33.20	350m:	3:51.64	33.76
	100m:	1:03.49	33.00	200m:	2:10.73	33.74	300m:	3:17.88	33.95	400m:	4:23.08	31.44
4.	PATIÑO RÍOS, Jesus			17	RIVEIRA			4:24.98		13,00		
	50m:	29.97	29.97	150m:	1:35.64	33.25	250m:	2:42.94	33.72	350m:	3:52.27	34.99
	100m:	1:02.39	32.42	200m:	2:09.22	33.58	300m:	3:17.28	34.34	400m:	4:24.98	32.71
5.	ALONSO BECERRA, Tristan			16	FLUVIAL			4:25.51		12,00		
	50m:	30.51	30.51	150m:	1:37.62	34.11	250m:	2:45.41	34.13	350m:	3:53.40	34.10
	100m:	1:03.51	33.00	200m:	2:11.28	33.66	300m:	3:19.30	33.89	400m:	4:25.51	32.11
6.	GIL-RIVERA BARBEITO, Hugo			17	NCORUÑA			4:32.07		11,00		
	50m:	30.57	30.57	150m:	1:39.55	34.42	250m:	2:50.03	35.06	350m:	3:59.87	34.04
	100m:	1:05.13	34.56	200m:	2:14.97	35.42	300m:	3:25.83	35.80	400m:	4:32.07	32.20
7.	QUIÑOY VEIGA, Alvaro			17	CIDSANTI			4:32.31		10,00		
	50m:	30.24	30.24	150m:	1:38.29	34.26	250m:	2:47.68	34.84	350m:	3:58.60	35.48
	100m:	1:04.03	33.79	200m:	2:12.84	34.55	300m:	3:23.12	35.44	400m:	4:32.31	33.71
8.	LAVANDEIRA AMADO, Alvaro			17	FOGAR			4:34.85		9,00		
	50m:	30.78	30.78	150m:	1:38.83	34.48	250m:	2:49.74	35.56	350m:	4:00.39	35.40
	100m:	1:04.35	33.57	200m:	2:14.18	35.35	300m:	3:24.99	35.25	400m:	4:34.85	34.46
9.	LEIROS FERNANDEZ, Lucas			18	PONTEAREAS			4:38.34		8,00		
	50m:	31.31	31.31	150m:	1:40.45	35.19	250m:	2:51.26	35.88	350m:	4:02.94	35.59
	100m:	1:05.26	33.95	200m:	2:15.38	34.93	300m:	3:27.35	36.09	400m:	4:38.34	35.40
10.	GAVIEIRO MONTERO, Sergio			17	PORTAMIÑA			4:38.42		7,00		
	50m:	32.24	32.24	150m:	1:43.42	35.66	250m:	2:55.46	35.43	350m:	4:05.98	34.77
	100m:	1:07.76	35.52	200m:	2:20.03	36.61	300m:	3:31.21	35.75	400m:	4:38.42	32.44
11.	GARCIA AROCHENA, Jacobo Javier			17	NCORUÑA			4:38.77		6,00		
	50m:	32.11	32.11	150m:	1:42.15	35.42	250m:	2:53.07	35.48	350m:	4:04.40	35.51
	100m:	1:06.73	34.62	200m:	2:17.59	35.44	300m:	3:28.89	35.82	400m:	4:38.77	34.37
12.	RENDO REY, Andre			17	GALAICO			4:41.47		5,00		
	50m:	31.58	31.58	150m:	1:41.55	35.51	250m:	2:55.07	36.81	350m:	4:08.26	36.56
	100m:	1:06.04	34.46	200m:	2:18.26	36.71	300m:	3:31.70	36.63	400m:	4:41.47	33.21
13.	PIÑEIRO VAZQUEZ, Alvaro			16	NARON			4:41.96		4,00		
	50m:	31.51	31.51	150m:	1:42.00	35.79	250m:	2:54.27	35.82	350m:	4:06.90	36.20
	100m:	1:06.21	34.70	200m:	2:18.45	36.45	300m:	3:30.70	36.43	400m:	4:41.96	35.06
14.	VICENTE MEIER, Alex			16	ARTEIXO			4:46.39		3,00		
	50m:	33.58	33.58	150m:	1:45.26	36.41	250m:	2:58.35	36.78	350m:	4:10.83	36.46
	100m:	1:08.85	35.27	200m:	2:21.57	36.31	300m:	3:34.37	36.02	400m:	4:46.39	35.56
15.	OTERO LAMAS, Alejandro			16	NARON			4:51.11		2,00		
	50m:	31.40	31.40	150m:	1:42.63	36.78	250m:	2:56.65	37.04	350m:	4:11.86	38.36
	100m:	1:05.85	34.45	200m:	2:19.61	36.98	300m:	3:33.50	36.85	400m:	4:51.11	39.25

Prueba 31, Masc., 400m Libre, JUNI M

Clasificación	Edad	Tiempo	Puntos
16. GOMEZ RODRIGUEZ, Tomas	17	<b>4:51.98</b>	-
50m: 31.47 31.47 150m: 1:43.86 36.55 250m: 2:59.45 37.78 350m: 4:14.68 37.18			
100m: 1:07.31 35.84 200m: 2:21.67 37.81 300m: 3:37.50 38.05 400m: 4:51.98 37.30			
17. TKACHENKO, Kostiantyn	16	<b>4:58.73</b>	-
50m: 33.77 33.77 150m: 1:47.63 37.35 250m: 3:04.37 38.69 350m: 4:21.25 38.50			
100m: 1:10.28 36.51 200m: 2:25.68 38.05 300m: 3:42.75 38.38 400m: 4:58.73 37.48			
WDR NACHER RODRIGUEZ, Alejandro	16		-
WDR REY MUNIN, Alonso	18		-

SENI M

1. PEREZ FERNANDEZ, Brais	19	<b>4:12.39</b>	-
50m: 30.63 30.63 150m: 1:36.37 32.95 250m: 2:40.78 31.26 350m: 3:42.22 30.26			
100m: 1:03.42 32.79 200m: 2:09.52 33.15 300m: 3:11.96 31.18 400m: 4:12.39 30.17			
2. SOUTO RAMOS, Manuel	19	<b>4:18.16</b>	-
50m: 30.63 30.63 150m: 1:36.20 32.84 250m: 2:41.22 32.27 350m: 3:46.61 33.03			
100m: 1:03.36 32.73 200m: 2:08.95 32.75 300m: 3:13.58 32.36 400m: 4:18.16 31.55			
3. AVILES ZHUAVLEV, Santiago	22	<b>4:22.01</b>	-
50m: 30.12 30.12 150m: 1:36.03 33.40 250m: 2:42.72 33.58 350m: 3:49.30 33.02			
100m: 1:02.63 32.51 200m: 2:09.14 33.11 300m: 3:16.28 33.56 400m: 4:22.01 32.71			
4. GOMEZ LIMIA, Pablo	20	<b>4:23.07</b>	-
50m: 29.79 29.79 150m: 1:36.69 33.58 250m: 2:43.15 32.14 350m: 3:50.80 34.35			
100m: 1:03.11 33.32 200m: 2:11.01 34.32 300m: 3:16.45 33.30 400m: 4:23.07 32.27			
5. MASSO ROIG, Martin	19	<b>4:27.74</b>	-
50m: 30.70 30.70 150m: 1:38.90 34.51 250m: 2:47.11 34.15 350m: 3:54.88 33.94			
100m: 1:04.39 33.69 200m: 2:12.96 34.06 300m: 3:20.94 33.83 400m: 4:27.74 32.86			
6. PASTORIZA SNTACLARA, Jorge	29	<b>4:38.95</b>	-
50m: 32.41 32.41 150m: 1:41.82 35.08 250m: 2:52.67 35.49 350m: 4:03.61 35.54			
100m: 1:06.74 34.33 200m: 2:17.18 35.36 300m: 3:28.07 35.40 400m: 4:38.95 35.34			
WDR MANEIROS PAZ, Mario	20		-

17 - 18 años

1. SUAREZ MARTINEZ, Diego	18	<b>4:20.59</b>	19,00
50m: 29.88 29.88 150m: 1:35.28 33.17 250m: 2:41.61 33.05 350m: 3:49.52 34.03			
100m: 1:02.11 32.23 200m: 2:08.56 33.28 300m: 3:15.49 33.88 400m: 4:20.59 31.07			
2. DIAZ RODRIGUEZ, Ivan	18	<b>4:23.08</b>	14,00
50m: 30.49 30.49 150m: 1:36.99 33.50 250m: 2:43.93 33.20 350m: 3:51.64 33.76			
100m: 1:03.49 33.00 200m: 2:10.73 33.74 300m: 3:17.88 33.95 400m: 4:23.08 31.44			
3. PATIÑO RÍOS, Jesus	17	<b>4:24.98</b>	13,00
50m: 29.97 29.97 150m: 1:35.64 33.25 250m: 2:42.94 33.72 350m: 3:52.27 34.99			
100m: 1:02.39 32.42 200m: 2:09.22 33.58 300m: 3:17.28 34.34 400m: 4:24.98 32.71			
4. GIL-RIVERA BARBEITO, Hugo	17	<b>4:32.07</b>	11,00
50m: 30.57 30.57 150m: 1:39.55 34.42 250m: 2:50.03 35.06 350m: 3:59.87 34.04			
100m: 1:05.13 34.56 200m: 2:14.97 35.42 300m: 3:25.83 35.80 400m: 4:32.07 32.20			
5. QUIÑOY VEIGA, Alvaro	17	<b>4:32.31</b>	10,00
50m: 30.24 30.24 150m: 1:38.29 34.26 250m: 2:47.68 34.84 350m: 3:58.60 35.48			
100m: 1:04.03 33.79 200m: 2:12.84 34.55 300m: 3:23.12 35.44 400m: 4:32.31 33.71			
6. LAVANDEIRA AMADO, Alvaro	17	<b>4:34.85</b>	9,00
50m: 30.78 30.78 150m: 1:38.83 34.48 250m: 2:49.74 35.56 350m: 4:00.39 35.40			
100m: 1:04.35 33.57 200m: 2:14.18 35.35 300m: 3:24.99 35.25 400m: 4:34.85 34.46			

Prueba 31, Masc., 400m Libre, 17 - 18 años

Clasificación	Edad		Tiempo	Puntos
7. LEIROS FERNANDEZ, Lucas	18	PONTEAREAS	<b>4:38.34</b>	8,00
50m: 31.31 31.31 150m: 1:40.45 35.19 250m: 2:51.26 35.88 350m: 4:02.94 35.59				
100m: 1:05.26 33.95 200m: 2:15.38 34.93 300m: 3:27.35 36.09 400m: 4:38.34 35.40				
8. GAVIEIRO MONTERO, Sergio	17	PORTAMIÑA	<b>4:38.42</b>	7,00
50m: 32.24 32.24 150m: 1:43.42 35.66 250m: 2:55.46 35.43 350m: 4:05.98 34.77				
100m: 1:07.76 35.52 200m: 2:20.03 36.61 300m: 3:31.21 35.75 400m: 4:38.42 32.44				
9. GARCIA AROCHENA, Jacobo Javier	17	NCORUÑA	<b>4:38.77</b>	6,00
50m: 32.11 32.11 150m: 1:42.15 35.42 250m: 2:53.07 35.48 350m: 4:04.40 35.51				
100m: 1:06.73 34.62 200m: 2:17.59 35.44 300m: 3:28.89 35.82 400m: 4:38.77 34.37				
10. RENDO REY, Andre	17	GALAICO	<b>4:41.47</b>	5,00
50m: 31.58 31.58 150m: 1:41.55 35.51 250m: 2:55.07 36.81 350m: 4:08.26 36.56				
100m: 1:06.04 34.46 200m: 2:18.26 36.71 300m: 3:31.70 36.63 400m: 4:41.47 33.21				
11. GOMEZ RODRIGUEZ, Tomas	17	GALAICO	<b>4:51.98</b>	-
50m: 31.47 31.47 150m: 1:43.86 36.55 250m: 2:59.45 37.78 350m: 4:14.68 37.18				
100m: 1:07.31 35.84 200m: 2:21.67 37.81 300m: 3:37.50 38.05 400m: 4:51.98 37.30				
WDR REY MUNIN, Alonso	18	CIDSANTI	-	-

16 años

1. SUAREZ MARTINEZ, Pedro	16	CASINOC	<b>4:21.34</b>	16,00
50m: 29.27 29.27 150m: 1:35.28 33.18 250m: 2:42.47 33.14 350m: 3:49.16 32.81				
100m: 1:02.10 32.83 200m: 2:09.33 34.05 300m: 3:16.35 33.88 400m: 4:21.34 32.18				
2. ALONSO BECERRA, Tristan	16	FLUVIAL	<b>4:25.51</b>	12,00
50m: 30.51 30.51 150m: 1:37.62 34.11 250m: 2:45.41 34.13 350m: 3:53.40 34.10				
100m: 1:03.51 33.00 200m: 2:11.28 33.66 300m: 3:19.30 33.89 400m: 4:25.51 32.11				
3. PIÑEIRO VAZQUEZ, Alvaro	16	NARON	<b>4:41.96</b>	4,00
50m: 31.51 31.51 150m: 1:42.00 35.79 250m: 2:54.27 35.82 350m: 4:06.90 36.20				
100m: 1:06.21 34.70 200m: 2:18.45 36.45 300m: 3:30.70 36.43 400m: 4:41.96 35.06				
4. VICENTE MEIER, Alex	16	ARTEIXO	<b>4:46.39</b>	3,00
50m: 33.58 33.58 150m: 1:45.26 36.41 250m: 2:58.35 36.78 350m: 4:10.83 36.46				
100m: 1:08.85 35.27 200m: 2:21.57 36.31 300m: 3:34.37 36.02 400m: 4:46.39 35.56				
5. OTERO LAMAS, Alejandro	16	NARON	<b>4:51.11</b>	2,00
50m: 31.40 31.40 150m: 1:42.63 36.78 250m: 2:56.65 37.04 350m: 4:11.86 38.36				
100m: 1:05.85 34.45 200m: 2:19.61 36.98 300m: 3:33.50 36.85 400m: 4:51.11 39.25				
6. TKACHENKO, Kostiantyn	16	RIASBAIXAS	<b>4:58.73</b>	-
50m: 33.77 33.77 150m: 1:47.63 37.35 250m: 3:04.37 38.69 350m: 4:21.25 38.50				
100m: 1:10.28 36.51 200m: 2:25.68 38.05 300m: 3:42.75 38.38 400m: 4:58.73 37.48				
WDR NACHER RODRIGUEZ, Alejandro	16	POURENSE	-	-