

1 - Sábado, 10 de Enero de 2026

10/01/2026 - 10:00

Prueba 5  
10/01/2026

Masc., 200m Braza

2006 y mayores  
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1107916	FERNANDEZ DEL VALLE, Ivan	21	POURENSE					<b>2:30.24</b>	13,00
	50m:	32.64	32.64	100m:	1:10.09	37.45	150m:	1:50.00	39.91	200m: 2:30.24 40.24
2.	1079156	MARQUEZ VAZQUEZ, Pablo	24	C. N. As Meigas					<b>3:14.68</b>	10,00
	50m:	41.35	41.35	100m:	1:29.08	47.73	150m:	2:20.55	51.47	200m: 3:14.68 54.13
25+										
1.	1115676	GONZALEZ IGLESIAS, Alberto	29	CULLEREDO					<b>2:46.27</b>	13,00
	50m:	38.17	38.17	100m:	1:20.43	42.26	150m:	2:03.88	43.45	200m: 2:46.27 42.39
2.	1141093	VILLAMOR FERRO, Ruben	26	ARTEIXO					<b>2:48.49</b>	10,00
	50m:	37.39	37.39	100m:	1:19.37	41.98	150m:	2:03.27	43.90	200m: 2:48.49 45.22
3.	1078716	HERMIDA RAMOS, Raul	26	NTNARON					<b>3:02.87</b>	8,00
	50m:	40.10	40.10	100m:	1:27.08	46.98	150m:	2:15.68	48.60	200m: 3:02.87 47.19
30+										
1.	1040779	QUINTAS MOSQUERA, Manuel	30	CIDSANTIAG					<b>2:38.80</b>	13,00
	50m:	33.98	33.98	100m:	1:13.19	39.21	150m:	1:54.87	41.68	200m: 2:38.80 43.93
2.	1222771	LAGO GONZALEZ, Ivan	33	PONTEAREAS					<b>4:44.33</b>	10,00
	50m:	1:00.18	1:00.18	100m:	2:10.78	1:10.60	150m:	3:26.87	1:16.09	200m: 4:44.33 1:17.46
35+										
1.	1240711	MIRAS LOPEZ, Raul	39	NCORUÑA					<b>2:57.85</b>	13,00
	50m:	39.17	39.17	100m:	1:24.34	45.17	150m:	2:10.81	46.47	200m: 2:57.85 47.04
2.	1136629	FIGUEIRA DOMINGUEZ, Javier	38	RIASBAIXAS					<b>2:58.43</b>	10,00
	50m:	40.82	40.82	100m:	1:27.21	46.39	150m:	2:13.10	45.89	200m: 2:58.43 45.33
3.	1260387	GARCIA ARCE, Gonzalo	35	C. N. As Meigas					<b>4:38.25</b>	8,00
	50m:	1:00.28	1:00.28	100m:	2:12.20	1:11.92	150m:	3:25.68	1:13.48	200m: 4:38.25 1:12.57
WDR	1199549	MARTINEZ DOPAZO, David	39	CIDSANTIAG						-
40+										
1.	1076287	PAZOS ALONSO, Josue	40	ESCUALOS					<b>2:44.28</b>	13,00
	50m:	36.29	36.29	100m:	1:18.43	42.14	150m:	2:01.68	43.25	200m: 2:44.28 42.60
2.	1145052	FIERRO FERNANDEZ, Julio	44	SCASINO					<b>3:06.84</b>	10,00
	50m:	43.13	43.13	100m:	1:29.16	46.03	150m:	2:17.67	48.51	200m: 3:06.84 49.17
3.	1257944	PEREZ GONZALEZ, Ivan	44	MONFORTE					<b>3:07.21</b>	8,00
	50m:	40.42	40.42	100m:	1:26.82	46.40	150m:	2:16.92	50.10	200m: 3:07.21 50.29
4.	1076282	CARRERA COSTAS, Andres	44	PONTEAREAS					<b>3:50.66</b>	7,00
	50m:	47.00	47.00	100m:	1:42.34	55.34	150m:	2:44.34	1:02.00	200m: 3:50.66 1:06.32

Prueba 5, Masc., 200m Braza, 40+

Clasificación								Edad					Tiempo	Puntos	
DSQ	1218108	IGLESIAS LAPIDO, Miguel							41	FLUVIAL					-
<i>Llegada irregular</i>															
45+															
1.	1143601	NOGUEIRA-PINTO CRESPO, Hugo							48	POURENSE				3:01.45	13,00
		50m:	42.55	42.55	100m:	1:29.32	46.77	150m:	2:14.31	44.99	200m:	3:01.45	47.14		
2.	1143895	PADIN CHARLIN, Joaquin							46	ESCUALOS				3:08.79	10,00
		50m:	41.33	41.33	100m:	1:28.89	47.56	150m:	2:18.40	49.51	200m:	3:08.79	50.39		
3.	1084041	SUAREZ GARCIA, Sergio							46	C. N. Máster Pons Vetus				3:38.40	8,00
		50m:	48.59	48.59	100m:	1:42.94	54.35	150m:	2:41.14	58.20	200m:	3:38.40	57.26		
4.	1038913	SUAREZ GARCIA, Pedro Lois							46	PONTEAREAS				3:39.54	7,00
		50m:	49.81	49.81	100m:	1:44.63	54.82	150m:	2:41.20	56.57	200m:	3:39.54	58.34		
5.	1251233	GONZALEZ SANDEZ, Carlos							47	C. N. Valdeorras				4:16.29	6,00
		50m:	54.56	54.56	100m:	1:57.63	1:03.07	150m:	3:07.30	1:09.67	200m:	4:16.29	1:08.99		
50+															
1.	1076185	PEREIRA DIAZ, Angel							54	ESCUALOS				2:59.16	13,00
		50m:	41.27	41.27	100m:	1:26.33	45.06	150m:	2:12.33	46.00	200m:	2:59.16	46.83		
2.	1244393	REY RODRIGUEZ, Oscar							52	CIDSANTIAG				3:04.43	10,00
		50m:	43.25	43.25	100m:	1:29.47	46.22	150m:	2:16.63	47.16	200m:	3:04.43	47.80		
3.	1201621	ALONSO ORTIZ, Mariano							50	FLUVIAL				3:17.19	8,00
		50m:	43.41	43.41	100m:	1:32.41	49.00	150m:	2:23.81	51.40	200m:	3:17.19	53.38		
4.	1144117	PREGO MARTINEZ, Benjamin							53	PONTEAREAS				3:37.38	7,00
		50m:	45.77	45.77	100m:	1:39.93	54.16	150m:	2:38.49	58.56	200m:	3:37.38	58.89		
5.	1079478	GONZALEZ PEREIRA, Jose Carlos							51	GALAICO				3:53.61	6,00
		50m:	51.31	51.31	100m:	1:50.26	58.95	150m:	2:53.18	1:02.92	200m:	3:53.61	1:00.43		
55+															
1.	1051938	SOTO, Hector Oscar							56	RIASBAIXAS				3:02.79	13,00
		50m:	41.00	41.00	100m:	1:27.43	46.43	150m:	2:14.89	47.46	200m:	3:02.79	47.90		
2.	1141504	BOUSO FUENTECILLA, Fernando							55	ESCUALOS				3:13.67	10,00
		50m:	45.07	45.07	100m:	1:33.97	48.90	150m:	2:24.03	50.06	200m:	3:13.67	49.64		
3.	1082554	MARTINEZ FAJARDO, Julio Enrique							56	ADFOGAR				3:25.62	8,00
		50m:	44.47	44.47	100m:	1:35.93	51.46	150m:	2:30.50	54.57	200m:	3:25.62	55.12		
4.	1141191	GARCIA SANJURJO, Jose Manuel							59	CDELMAR				3:28.39	7,00
		50m:	46.87	46.87	100m:	1:39.68	52.81	150m:	2:34.27	54.59	200m:	3:28.39	54.12		
5.	1178895	CRESPO PEREZ, Albarino							56	ESCUALOS				3:32.17	6,00
		50m:	46.53	46.53	100m:	1:38.57	52.04	150m:	2:34.99	56.42	200m:	3:32.17	57.18		
6.	1203919	CRESPO PIÑEIRO, Natalio							57	RIASBAIXAS				3:47.03	5,00
		50m:	50.17	50.17	100m:	1:46.62	56.45	150m:	2:46.92	1:00.30	200m:	3:47.03	1:00.11		
7.	1144698	CADAVID NUÑEZ, Jose							56	POURENSE				3:55.25	4,00
		50m:	51.95	51.95	100m:	1:51.54	59.59	150m:	2:53.75	1:02.21	200m:	3:55.25	1:01.50		
DSQ	1274570	CEDRON VILAR, Raul							57	MULLEREF					-
<i>Viraje irregular</i>															

Prueba 5, Masc., 200m Braza

60+

1.	1076516	JORGE IGLESIAS, Marcelino	60	PONTEAREAS	<b>2:56.69</b>	15,00	RG		
	50m:	40.60	40.60	100m: 1:26.36	45.76	150m: 2:12.65	46.29	200m: 2:56.69	44.04
2.	1085112	RIVAS FEAL, Antonio	60	SCASINO	<b>3:04.09</b>	10,00			
	50m:	41.55	41.55	100m: 1:28.39	46.84	150m: 2:16.39	48.00	200m: 3:04.09	47.70
3.	1144940	HERNANZ MORAL, Fausto	64	RIASBAIXAS	<b>4:10.27</b>	8,00			
	50m:	56.31	56.31	100m: 1:59.93	1:03.62	150m: 3:05.35	1:05.42	200m: 4:10.27	1:04.92
4.	1143966	FERNANDEZ GONZALEZ, Alvaro	61	CNMOS	<b>4:32.81</b>	7,00			
	50m:	1:00.29	1:00.29	100m: 2:07.91	1:07.62	150m: 3:20.15	1:12.24	200m: 4:32.81	1:12.66