

1.- 200 m Libre Mixta (TIM)

2025-12-20 17:00

ABSO_X

1	1014291	GOMEZ CARDESIN, Alvaro					85	NCORUÑA		2:15.31		0.0
	50 m:	31.36	31.36	100 m:	1:05.51	34.15	150 m:	1:40.41	34.90	200 m:	2:15.31	34.90
2	1115676	GONZALEZ IGLESIAS, Alberto					97	CULLERED		2:16.54		0.0
	50 m:	31.98	31.98	100 m:	1:06.36	34.38	150 m:	1:42.05	35.69	200 m:	2:16.54	34.49
3	1182358	CANOSA RODRIGUEZ, Juan Jose					80	NTNARON		2:23.43		0.0
	50 m:	32.36	32.36	100 m:	1:06.79	34.43	150 m:	1:43.24	36.45	200 m:	2:23.43	40.19
4	1075221	HERMIDA RODRIGUEZ, Blanca					81	NFERROL		2:24.88		0.0
	50 m:	33.59	33.59	100 m:	1:09.88	36.29	150 m:	1:47.23	37.35	200 m:	2:24.88	37.65
5	1244353	TATO FUENTES, Victor					79	ADFOGAR		2:25.02		0.0
	50 m:	34.76	34.76	100 m:	1:11.84	37.08	150 m:	1:48.72	36.88	200 m:	2:25.02	36.30
6	1178769	RODRIGUEZ GONZALEZ, Antonio Joaquin					91	NFERROL		2:25.85		0.0
	50 m:	33.30	33.30	100 m:	1:09.73	36.43	150 m:	1:47.92	38.19	200 m:	2:25.85	37.93
7	1264722	BALDOMAR OBELLEIRA, Ruben					74	NCORUÑA		2:26.00		0.0
	50 m:	35.17	35.17	100 m:	1:12.24	37.07	150 m:	1:49.19	36.95	200 m:	2:26.00	36.81
8	1075388	MENDEZ LORENZO, Bruno					04	NFERROL		2:26.05		0.0
	50 m:	36.54	36.54	100 m:	1:14.36	37.82	150 m:	1:50.92	36.56	200 m:	2:26.05	35.13
9	1105220	GARCIA RIÑON, Jaime					64	NCORUÑA		2:27.47		0.0
	50 m:	34.66	34.66	100 m:	1:10.90	36.24	150 m:	1:48.08	37.18	200 m:	2:27.47	39.39
10	1075496	BARBEITO DOMINGUEZ, Marta					84	SCASINO		2:29.38		0.0
	50 m:	34.04	34.04	100 m:	1:10.87	36.83	150 m:	1:49.95	39.08	200 m:	2:29.38	39.43
11	1085112	RIVAS FEAL, Antonio					66	SCASINO		2:30.27		0.0
	50 m:	34.92	34.92	100 m:	1:12.82	37.90	150 m:	1:51.95	39.13	200 m:	2:30.27	38.32
12	1097263	LAMEIRO SEOANE, Javier					87	HERCULES		2:30.40		0.0
	50 m:	34.68	34.68	100 m:	1:12.61	37.93	150 m:	1:51.82	39.21	200 m:	2:30.40	38.58
13	1078692	GONZALEZ FRANCO, David					95	NFERROL		2:34.43		0.0
	50 m:	33.49	33.49	100 m:	1:11.17	37.68	150 m:	1:51.73	40.56	200 m:	2:34.43	42.70
14	1145052	FIERRO FERNANDEZ, Julio					82	SCASINO		2:35.92		0.0
	50 m:	35.70	35.70	100 m:	1:15.45	39.75	150 m:	1:56.52	41.07	200 m:	2:35.92	39.40
15	1180192	SAAVEDRA GONZALEZ, Raul					73	LICEO		2:36.67		0.0
	50 m:	35.17	35.17	100 m:	1:14.85	39.68	150 m:	1:56.98	42.13	200 m:	2:36.67	39.69
16	1141095	LOPEZ BERMUDEZ, Gabriel					84	RSDH		2:36.76		0.0
	50 m:	33.67	33.67	100 m:	1:12.49	38.82	150 m:	1:53.43	40.94	200 m:	2:36.76	43.33
17	1281943	MARX, Sven Oliver					77	CULLERED		2:38.61		0.0
	50 m:	35.05	35.05	100 m:	1:13.43	38.38	150 m:	1:55.43	42.00	200 m:	2:38.61	43.18
18	1203741	QUEREDA RODRIGUEZ, Almudena					85	LICEO		2:40.27		0.0
	50 m:	38.06	38.06	100 m:	1:18.76	40.70	150 m:	1:59.82	41.06	200 m:	2:40.27	40.45

19	1144257	FERNANDEZ GONZALEZ, Elena	01	HERCULES	2:40.63	0.0
	50 m:	35.63 35.63 100 m: 1:15.23 39.60	150 m:	1:57.45 42.22	200 m:	2:40.63 43.18
20	1036745	BARCIA SIXTO, Francisco Jose	85	NTNARON	2:40.66	0.0
	50 m:	35.63 35.63 100 m: 1:14.19 38.56	150 m:	1:56.26 42.07	200 m:	2:40.66 44.40
21	1226234	COTELO SENANDE, Alberto	88	ADFOGAR	2:41.65	0.0
	50 m:	37.46 37.46 100 m: 1:19.07 41.61	150 m:	2:03.20 44.13	200 m:	2:41.65 38.45
22	1147010	SANJURJO POVEDA, Pablo	74	NFERROL	2:42.09	0.0
	50 m:	36.86 36.86 100 m: 1:17.93 41.07	150 m:	1:59.50 41.57	200 m:	2:42.09 42.59
23	1079491	GOMEZ MARTIN, Ruben	78	FLUVLUGO	2:46.63	0.0
	50 m:	39.17 39.17 100 m: 1:20.85 41.68	150 m:	2:03.67 42.82	200 m:	2:46.63 42.96
24	1282520	BLANCO MAGALLAN, Alejandro	74	ADFOGAR	2:49.78	0.0
	50 m:	39.82 39.82 100 m: 1:22.72 42.90	150 m:	2:07.21 44.49	200 m:	2:49.78 42.57
25	1254829	FARIAS FORNEIRO, Patricio Cruz	77	FLUVLUGO	2:59.05	0.0
	50 m:	40.43 40.43 100 m: 1:24.36 43.93	150 m:	2:11.05 46.69	200 m:	2:59.05 48.00
26	1036315	LOPEZ CORTABITARTE, Belen	87	SCASINO	3:02.70	0.0
	50 m:	44.17 44.17 100 m: 1:29.84 45.67	150 m:	2:16.24 46.40	200 m:	3:02.70 46.46
27	1078925	SALGADO CASTELO, Marta	94	MULLEREF	3:03.36	0.0
	50 m:	41.62 41.62 100 m: 1:28.98 47.36	150 m:	2:16.85 47.87	200 m:	3:03.36 46.51
28	1078802	CEGARRA GARCIA, Eugenio	64	RSDH	3:07.81	0.0
	50 m:	40.36 40.36 100 m: 1:28.05 47.69	150 m:	2:17.79 49.74	200 m:	3:07.81 50.02
29	1180238	GARCIA SEOANE, Cristina Maria	75	LICEO	3:08.87	0.0
	50 m:	42.13 42.13 100 m: 1:29.38 47.25	150 m:	2:19.44 50.06	200 m:	3:08.87 49.43
30	1037939	CASTRO MAESTRE, Isaura	69	FLUVLUGO	3:09.13	0.0
	50 m:	43.68 43.68 100 m: 1:31.89 48.21	150 m:	2:21.54 49.65	200 m:	3:09.13 47.59
31	1023057	PEREZ VAZQUEZ, Telmo	88	NTNARON	3:10.24	0.0
	50 m:	39.67 39.67 100 m: 1:25.30 45.63	150 m:	2:15.67 50.37	200 m:	3:10.24 54.57
32	1199641	COUCEIRO SANCHEZ, Gonzalo	66	SCASINO	3:10.30	0.0
	50 m:	42.95 42.95 100 m: 1:31.34 48.39	150 m:	2:22.13 50.79	200 m:	3:10.30 48.17
33	1053394	SANJORGE PEDREIRA, Carmelo	62	ARTEIXO	3:11.33	0.0
	50 m:	44.73 44.73 100 m: 1:33.02 48.29	150 m:	2:23.08 50.06	200 m:	3:11.33 48.25
34	1264733	GOMEZ PAREDES, Maria	76	FLUVLUGO	3:12.11	0.0
	50 m:	42.92 42.92 100 m: 1:30.36 47.44	150 m:	2:20.11 49.75	200 m:	3:12.11 52.00
35	1287820	BOTNARI ZAVTUR, Lorenzo	01	LICEO	3:14.44	0.0
	50 m:	41.79 41.79 100 m: 1:31.05 49.26	150 m:	2:53.12 1:22.07	200 m:	3:14.44 21.32
36	1037158	RAÑALES GRAÑA, Naila	01	NFERROL	3:17.55	0.0
	50 m:	36.70 36.70 100 m: 1:22.82 46.12	150 m:	2:17.70 54.88	200 m:	3:17.55 59.85
37	1107557	MELLA BARBEITO, Javier	83	ARTEIXO	3:25.01	0.0
	50 m:	47.05 47.05 100 m: 1:36.73 49.68	150 m:	2:30.61 53.88	200 m:	3:25.01 54.40

38	1273323	LOPEZ BARREIRO, Cristina	50 m: 48.85	48.85	100 m: 1:40.79	51.94	79	MULLEREF	150 m: 2:33.73	52.94	200 m: 3:25.67	51.94	3:25.67	0.0
39	1274570	CEDRON VILAR, Raul	50 m: 47.38	47.38	100 m: 1:40.29	52.91	69	MULLEREF	150 m: 2:35.96	55.67	200 m: 3:32.09	56.13	3:32.09	0.0
40	1170586	OREIRO PAZOS, M. Gloria	50 m: 51.39	51.39	100 m: 1:49.33	57.94	60	ARTEIXO	150 m: 2:48.58	59.25	200 m: 3:46.16	57.58	3:46.16	0.0
41	1287817	ZAVTUR GAVRILOV, Gala	50 m: 55.54	55.54	100 m: 1:54.11	58.57	76	LICEO	150 m: 2:52.49	58.38	200 m: 3:50.46	57.97	3:50.46	0.0
42	1199642	GARNACHO GAYARRE, Nuria	50 m: 52.30	52.30	100 m: 1:51.44	59.14	69	SCASINO	150 m: 2:53.87	1:02.43	200 m: 3:54.19	1:00.32	3:54.19	0.0
43	1253184	ABELLEIRA CORRAL, Gema	50 m: 50.48	50.48	100 m: 1:48.91	58.43	80	MULLEREF	150 m: 2:52.19	1:03.28	200 m: 3:56.23	1:04.04	3:56.23	0.0
44	1287818	GARCIA ALONSO, Paula	50 m: 54.46	54.46	100 m: 2:01.54	1:07.08	74	LICEO	150 m: 3:06.18	1:04.64	200 m: 4:11.17	1:04.99	4:11.17	0.0
45	1288425	MARIN CASTRO, Montserrat	50 m: 55.92	55.92	100 m: 1:59.54	1:03.62	71	MULLEREF	150 m: 3:04.86	1:05.32	200 m: 4:11.70	1:06.84	4:11.70	0.0
DSQ	1199640	BURGO, Carlos Diego					74	SCASINO						0,0
WDR	1287805	BELGRANO, Elena					74	FLUVLUGO						0,0
WDR	1250479	ROMERO PENA, Juan Ramon					63	HERCULES						0,0
WDR	1205838	LOPEZ GARCIA, Sandra					81	NTNARON						0,0
WDR	1213618	FRAGA PERISCAL, Irene					98	ADFOGAR						0,0
WDR	1180236	DE LA VEGA GANDARAS, Felipe					73	HERCULES						0,0
WDR	1078902	AZANZA MORENO, Cristina					76	MULLEREF						0,0
WDR	1205935	GUIRADO CARABEL, Oscar					76	CULLERED						0,0
WDR	1249163	BELLO PORTO, David					90	NCORUÑA						0,0
WDR	1266332	LEIRO FERNANDEZ, Adrian					84	ARTEIXO						0,0

2.- 50 m Braza Feminino (TIM)

2025-12-20 17:00

ABSO_F

1	1146780	DURAN VEIRAS, Raquel	84	ARTEIXO	42.67	0.0
2	1141212	RIVAS TENREIRO, Arantza	89	NTNARON	43.72	0.0
3	1142917	LOPEZ SANMARTIN, Tania	91	NFERROL	44.20	0.0
4	1197600	SANDERSON KEOUGH, Helen Jane	70	CULLERED	45.35	0.0
5	1078736	LOPEZ LOSADA, Sara	01	NTNARON	49.13	0.0
6	1075225	SOUTO DERUNGS, Cristina	85	NFERROL	49.30	0.0
7	1037939	CASTRO MAESTRE, Isaura	69	FLUVLUGO	49.61	0.0
8	1075200	JIMENEZ PEREZ, Victoria	69	NFERROL	51.39	0.0
9	1287809	CRUZ ANEIROS, Ana Maria	83	NFERROL	51.98	0.0
10	1039438	RODRIGUEZ REY, Maria Jose	73	ADFOGAR	53.99	0.0
11	1256963	ARIAS CHAO, Sara	91	SCASINO	54.52	0.0
12	1145099	LOPEZ MAHIA, Purificacion	63	HERCULES	56.57	0.0
13	1253190	GARCIA NAVAS, Carolina	79	MULLEREF	56.67	0.0
14	1212510	NOVOA VAZQUEZ, Eva	00	MARINAFE	1:01.98	0.0
15	1287810	NOVO MARTINEZ, Rocio	84	NFERROL	1:02.30	0.0
16	1212511	NOVOA VAZQUEZ, Laura	00	MARINAFE	1:02.67	0.0
17	1273331	PEREZ CASTRO, Maria Ruth	75	MULLEREF	1:03.47	0.0
18	1287797	SALGADO IGLESIAS, Maria Angeles	72	MULLEREF	1:04.61	0.0
19	1037151	GOMEZ DOVAL, Maria Angela	56	FLUVLUGO	1:09.37	0.0
20	1036387	VAZQUEZ PARCERO, Marta	80	CULLERED	1:13.63	0.0
21	1288425	MARIN CASTRO, Montserrat	71	MULLEREF	1:16.05	0.0
DSQ	1264776	FERNANDEZ COPA, Maria Susana	67	MULLEREF		0,0
DSQ	1201604	BARBADILLO ECHEVARRIA, Sofia	99	MARINAFE		0,0
WDR	1287773	VAZQUEZ LOPEZ, Uxia	76	RSDH		0,0
WDR	1075488	BERNAL BAÑA, Paloma	69	RSDH		0,0
WDR	1093456	RAMIREZ INSUA, Julia	83	RSDH		0,0
WDR	1075503	DE LA MONTAÑA ALCANTARA, Gloria	73	RSDH		0,0

3.- 50 m Braza Masculino (TIM)

2025-12-20 17:00

ABSO_M

1	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	32.76	0.0
2	1143515	BLANCO PEREZ, Jesus	86	NTNARON	34.16	0.0
3	1218108	IGLESIAS LAPIDO, Miguel	85	FLUVLUGO	36.43	0.0
4	1185622	DIAZ RODRIGUEZ, Andres	89	NTNARON	36.77	0.0
5	1197597	HERNAEZ OUBIÑA, David	73	CULLERED	36.84	0.0
6	1041444	FERNANDEZ VARELA, Pablo J.	84	ADFOGAR	37.53	0.0
7	1143661	TOURIÑO GONZALEZ, Victor M.	68	LICEO	37.77	0.0
8	1201621	ALONSO ORTIZ, Mariano	76	FLUVLUGO	39.35	0.0
9	1036745	BARCIA SIXTO, Francisco Jose	85	NTNARON	40.49	0.0
10	1141356	GENDE DIAZ, Juan F.	70	ADFOGAR	44.45	0.0
11	1143662	BALSA MOSQUERA, Pablo	78	NTNARON	44.94	0.0
12	1228047	PEREZ GARCIA, Manuel	67	CULLERED	53.68	0.0
13	1107557	MELLA BARBEITO, Javier	83	ARTEIXO	57.05	0.0
14	1106828	TRILLO CARLIN, Jose Fdo.	68	ADFOGAR	1:00.46	0.0
DSQ	1202676	MARTINEZ ARADES, Brais	95	MARINAFE		0,0
DSQ	1048954	BORDALLO CORTINA, Fernando	54	HERCULES		0,0
DSQ	1287820	BOTNARI ZAVTUR, Lorenzo	01	LICEO		0,0
DSQ	1287819	LOPEZ QUINTEIRO, Francisco Javier	86	LICEO		0,0
WDR	1078676	BARJA RIVAS, Marcos	99	NTNARON		0,0
WDR	1141093	VILLAMOR FERRO, Ruben	00	ARTEIXO		0,0
WDR	1110674	BORRAZAS RUMBO, Manuel	93	NCORUÑA		0,0

4.- 100 m Bolboreta Feminino (TIM)

2025-12-20 17:00

ABSO_F

1	1054495	SEGOVIA CARBALLO, Paula	00	NTNARON	1:14.78	0.0
	50 m:	33.94 33.94	100 m:	1:14.78	40.84	
2	1140796	DIAZ DOPICO, Sabela	02	NFERROL	1:16.67	0.0
	50 m:	35.29 35.29	100 m:	1:16.67	41.38	
3	1197600	SANDERSON KEOUGH, Helen Jane	70	CULLERED	1:37.06	0.0
	50 m:	46.80 46.80	100 m:	1:37.06	50.26	
4	1203741	QUEREDA RODRIGUEZ, Almudena	85	LICEO	1:39.16	0.0
	50 m:	46.17 46.17	100 m:	1:39.16	52.99	
5	1180238	GARCIA SEOANE, Cristina Maria	75	LICEO	1:44.79	0.0
	50 m:	47.43 47.43	100 m:	1:44.79	57.36	
6	1266318	GORDILLO VAN GILS, Silvia	96	NTNARON	1:44.92	0.0
	50 m:	46.54 46.54	100 m:	1:44.92	58.38	
7	1257939	PUENTE MARIN, Cristina	95	FLUVLUGO	1:59.63	0.0
	50 m:	57.30 57.30	100 m:	1:59.63	1:02.33	
8	1264778	VAZQUEZ LOPEZ, Eva	77	MULLEREF	2:18.75	0.0
	50 m:	1:04.98 1:04.98	100 m:	2:18.75	1:13.77	
WDR	1078902	AZANZA MORENO, Cristina	76	MULLEREF		0.0

5.- 100 m Bolboreta Masculino (TIM)

2025-12-20 17:00

ABSO_M

1	1180192	SAAVEDRA GONZALEZ, Raul	73	LICEO	1:17.11	0.0
	50 m:	36.17 36.17 100 m: 1:17.11 40.94				
WDR	1205935	GUIRADO CARABEL, Oscar	76	CULLERED		0,0
WDR	1110674	BORRAZAS RUMBO, Manuel	93	NCORUÑA		0,0
WDR	1014291	GOMEZ CARDESIN, Alvaro	85	NCORUÑA		0,0

6.- 100 m Costas Feminino (TIM)

2025-12-20 17:00

ABSO_F

1	1142917	LOPEZ SANMARTIN, Tania	91	NFERROL	1:26.05	0.0
	50 m:	42.30 42.30	100 m:	1:26.05	43.75	
2	1266318	GORDILLO VAN GILS, Silvia	96	NTNARON	1:38.81	0.0
	50 m:	47.61 47.61	100 m:	1:38.81	51.20	
3	1264733	GOMEZ PAREDES, Maria	76	FLUVLUGO	1:39.81	0.0
	50 m:	48.56 48.56	100 m:	1:39.81	51.25	
4	1036315	LOPEZ CORTABITARTE, Belen	87	SCASINO	1:44.96	0.0
	50 m:	50.73 50.73	100 m:	1:44.96	54.23	
5	1075200	JIMENEZ PEREZ, Victoria	69	NFERROL	1:53.61	0.0
	50 m:	55.00 55.00	100 m:	1:53.61	58.61	
6	1170586	OREIRO PAZOS, M. Gloria	60	ARTEIXO	2:01.79	0.0
	50 m:	58.61 58.61	100 m:	2:01.79	1:03.18	
7	1145099	LOPEZ MAHIA, Purificacion	63	HERCULES	2:03.25	0.0
	50 m:	1:01.38 1:01.38	100 m:	2:03.25	1:01.87	
8	1197606	CARBALLO BALOIRA, Susana Maria	75	HERCULES	2:07.69	0.0
	50 m:	1:00.79 1:00.79	100 m:	2:07.69	1:06.90	
9	1253184	ABELLEIRA CORRAL, Gema	80	MULLEREF	2:10.23	0.0
	50 m:	1:05.82 1:05.82	100 m:	2:10.23	1:04.41	
10	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	56	MULLEREF	3:07.21	0.0
	50 m:	1:34.54 1:34.54	100 m:	3:07.21	1:32.67	
WDR	1205838	LOPEZ GARCIA, Sandra	81	NTNARON		0.0

7.- 100 m Costas Masculino (TIM)

2025-12-20 17:00

ABSO_M

1	1185622	DIAZ RODRIGUEZ, Andres	89	NTNARON	1:13.08	0.0
	50 m:	36.02 36.02	100 m:	1:13.08	37.06	
2	1244353	TATO FUENTES, Victor	79	ADFOGAR	1:14.46	0.0
	50 m:	37.17 37.17	100 m:	1:14.46	37.29	
	1075385	DIZ NIEVES, David	04	NFERROL	1:14.46	0.0
	50 m:	36.36 36.36	100 m:	1:14.46	38.10	
4	1232926	TAPIA PORTO, Enrique	65	NCORUÑA	1:21.12	0.0
	50 m:	39.60 39.60	100 m:	1:21.12	41.52	
5	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	NCORUÑA	1:22.57	0.0
	50 m:	39.40 39.40	100 m:	1:22.57	43.17	
6	1258336	MUÑIZ CAL, Rafael	74	NCORUÑA	1:22.69	0.0
	50 m:	40.09 40.09	100 m:	1:22.69	42.60	
7	1144297	LAMAS SOTO, Cesar	75	CULLERED	1:26.85	0.0
	50 m:	43.03 43.03	100 m:	1:26.85	43.82	
8	1078611	MARTIN MONTERO, Manuel Jose	77	ARTEIXO	1:28.92	0.0
	50 m:	43.98 43.98	100 m:	1:28.92	44.94	
9	1274415	FERNANDEZ RAMOS, Carlos	75	MARINAFE	1:30.54	0.0
	50 m:	43.85 43.85	100 m:	1:30.54	46.69	
10	1079491	GOMEZ MARTIN, Ruben	78	FLUVLUGO	1:30.94	0.0
	50 m:	43.67 43.67	100 m:	1:30.94	47.27	
11	1075185	YAÑEZ WONENBURGER, Juan Carlos	59	HERCULES	1:32.59	0.0
	50 m:	44.46 44.46	100 m:	1:32.59	48.13	
12	1053394	SANJORGE PEDREIRA, Carmelo	62	ARTEIXO	1:43.24	0.0
	50 m:	52.35 52.35	100 m:	1:43.24	50.89	
DSQ	1287819	LOPEZ QUINTEIRO, Francisco Javier	86	LICEO		0,0
DSQ	1282485	PLAZA RAMIREZ, Raul	71	ADFOGAR		0,0
DSQ	1281943	MARX, Sven Oliver	77	CULLERED		0,0
WDR	1180236	DE LA VEGA GANDARAS, Felipe	73	HERCULES		0,0

8.- 50 m Libre Feminino (TIM)

2025-12-20 17:00

ABSO_F

1	1075496	BARBEITO DOMINGUEZ, Marta	84	SCASINO	30.55	0.0
2	1144257	FERNANDEZ GONZALEZ, Elena	01	HERCULES	32.08	0.0
3	1141212	RIVAS TENREIRO, Arantza	89	NTNARON	33.17	0.0
4	1078736	LOPEZ LOSADA, Sara	01	NTNARON	33.76	0.0
5	1075225	SOUTO DERUNGS, Cristina	85	NFERROL	35.79	0.0
6	1037158	RAÑALES GRAÑA, Naila	01	NFERROL	36.07	0.0
7	1264754	RODRIGUEZ PANTIN, Marta Maria	66	HERCULES	38.03	0.0
8	1287809	CRUZ ANEIROS, Ana Maria	83	NFERROL	39.91	0.0
9	1039438	RODRIGUEZ REY, Maria Jose	73	ADFOGAR	40.11	0.0
10	1253190	GARCIA NAVAS, Carolina	79	MULLEREF	41.35	0.0
11	1287810	NOVO MARTINEZ, Rocio	84	NFERROL	43.79	0.0
12	1199642	GARNACHO GAYARRE, Nuria	69	SCASINO	46.54	0.0
13	1256963	ARIAS CHAO, Sara	91	SCASINO	48.38	0.0
14	1273331	PEREZ CASTRO, Maria Ruth	75	MULLEREF	48.78	0.0
15	1287796	MAURIZ ABUIN, Maria Del Mar	69	MULLEREF	49.05	0.0
16	1212511	NOVOA VAZQUEZ, Laura	00	MARINAFE	53.48	0.0
17	1036387	VAZQUEZ PARCERO, Marta	80	CULLERED	54.24	0.0
18	1212510	NOVOA VAZQUEZ, Eva	00	MARINAFE	54.33	0.0
19	1201604	BARBADILLO ECHEVARRIA, Sofia	99	MARINAFE	58.65	0.0
20	1264776	FERNANDEZ COPA, Maria Susana	67	MULLEREF	1:01.74	0.0
WDR	1287773	VAZQUEZ LOPEZ, Uxia	76	RSDH		0,0
WDR	1213618	FRAGA PERISCAL, Irene	98	ADFOGAR		0,0

9.- 50 m Libre Masculino (TIM)

2025-12-20 17:00

ABSO_M

1	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	25.65	0.0
2	1143515	BLANCO PEREZ, Jesus	86	NTNARON	28.01	0.0
3	1041444	FERNANDEZ VARELA, Pablo J.	84	ADFOGAR	28.80	0.0
4	1182358	CANOSA RODRIGUEZ, Juan Jose	80	NTNARON	28.80	0.0
5	1141095	LOPEZ BERMUDEZ, Gabriel	84	RSDH	29.00	0.0
6	1178769	RODRIGUEZ GONZALEZ, Antonio Joaquin	91	NFERROL	29.18	0.0
7	1075388	MENDEZ LORENZO, Bruno	04	NFERROL	29.40	0.0
8	1274415	FERNANDEZ RAMOS, Carlos	75	MARINAFE	29.99	0.0
9	1232926	TAPIA PORTO, Enrique	65	NCORUÑA	30.30	0.0
10	1078692	GONZALEZ FRANCO, David	95	NFERROL	30.46	0.0
11	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	NCORUÑA	30.46	0.0
12	1143662	BALSA MOSQUERA, Pablo	78	NTNARON	30.46	0.0
13	1097263	LAMEIRO SEOANE, Javier	87	HERCULES	30.46	0.0
14	1197597	HERNAEZ OUBIÑA, David	73	CULLERED	31.26	0.0
15	1226234	COTELO SENANDE, Alberto	88	ADFOGAR	31.38	0.0
16	1144297	LAMAS SOTO, Cesar	75	CULLERED	31.67	0.0
17	1141356	GENDE DIAZ, Juan F.	70	ADFOGAR	32.30	0.0
18	1282520	BLANCO MAGALLAN, Alejandro	74	ADFOGAR	32.94	0.0
19	1048954	BORDALLO CORTINA, Fernando	54	HERCULES	33.76	0.0
20	1254829	FARIAS FORNEIRO, Patricio Cruz	77	FLUVLUGO	34.11	0.0
21	1199641	COUCEIRO SANCHEZ, Gonzalo	66	SCASINO	34.99	0.0
22	1078802	CEGARRA GARCIA, Eugenio	64	RSDH	35.23	0.0
23	1282485	PLAZA RAMIREZ, Raul	71	ADFOGAR	35.49	0.0
24	1199640	BURGO, Carlos Diego	74	SCASINO	35.97	0.0
25	1228047	PEREZ GARCIA, Manuel	67	CULLERED	39.00	0.0
26	1075764	NOVOA GONZALEZ, Edmundo	52	HERCULES	45.74	0.0
27	1106828	TRILLO CARLIN, Jose Fdo.	68	ADFOGAR	49.06	0.0

28	1202676	MARTINEZ ARADES, Brais	95	MARINAFE	1:19.79	0.0
WDR	1250479	ROMERO PENA, Juan Ramon	63	HERCULES		0,0
WDR	1266332	LEIRO FERNANDEZ, Adrian	84	ARTEIXO		0,0
WDR	1141093	VILLAMOR FERRO, Ruben	00	ARTEIXO		0,0

10.- 200 m Braza Mixta (TIM)

2025-12-20 17:00

ABSO_X

1	1115676	GONZALEZ IGLESIAS, Alberto					97	CULLERED		2:49.07		0.0
	50 m:	36.73	36.73	100 m:	1:22.13	45.40	150 m:	2:06.32	44.19	200 m:	2:49.07	42.75
2	1240711	MIRAS LOPEZ, Raul					87	NCORUÑA		2:58.03		0.0
	50 m:	40.32	40.32	100 m:	1:25.02	44.70	150 m:	2:11.55	46.53	200 m:	2:58.03	46.48
3	1218108	IGLESIAS LAPIDO, Miguel					85	FLUVLUGO		2:59.70		0.0
	50 m:	38.93	38.93	100 m:	1:23.77	44.84	150 m:	2:11.58	47.81	200 m:	2:59.70	48.12
4	1085112	RIVAS FEAL, Antonio					66	SCASINO		3:03.35		0.0
	50 m:	40.74	40.74	100 m:	1:27.56	46.82	150 m:	2:15.47	47.91	200 m:	3:03.35	47.88
5	1075385	DIZ NIEVES, David					04	NFERROL		3:05.49		0.0
	50 m:	43.49	43.49	100 m:	1:31.67	48.18	150 m:	2:18.61	46.94	200 m:	3:05.49	46.88
6	1075221	HERMIDA RODRIGUEZ, Blanca					81	NFERROL		3:10.89		0.0
	50 m:	44.36	44.36	100 m:	1:32.49	48.13	150 m:	2:21.38	48.89	200 m:	3:10.89	49.51
7	1145052	FIERRO FERNANDEZ, Julio					82	SCASINO		3:12.18		0.0
	50 m:	45.11	45.11	100 m:	1:34.79	49.68	150 m:	2:25.76	50.97	200 m:	3:12.18	46.42
8	1143661	TOURIÑO GONZALEZ, Victor M.					68	LICEO		3:12.38		0.0
	50 m:	45.30	45.30	100 m:	1:35.17	49.87	150 m:	2:26.07	50.90	200 m:	3:12.38	46.31
9	1258336	MUÑIZ CAL, Rafael					74	NCORUÑA		3:15.20		0.0
	50 m:	44.44	44.44	100 m:	1:32.93	48.49	150 m:	2:23.87	50.94	200 m:	3:15.20	51.33
10	1201621	ALONSO ORTIZ, Mariano					76	FLUVLUGO		3:15.63		0.0
	50 m:	45.53	45.53	100 m:	1:35.34	49.81	150 m:	2:26.23	50.89	200 m:	3:15.63	49.40
11	1146780	DURAN VEIRAS, Raquel					84	ARTEIXO		3:15.84		0.0
	50 m:	45.38	45.38	100 m:	1:35.02	49.64	150 m:	2:25.42	50.40	200 m:	3:15.84	50.42
12	1054495	SEGOVIA CARBALLO, Paula					00	NTNARON		3:18.67		0.0
	50 m:	46.31	46.31	100 m:	1:36.27	49.96	150 m:	2:27.17	50.90	200 m:	3:18.67	51.50
13	1140796	DIAZ DOPICO, Sabela					02	NFERROL		3:22.83		0.0
	50 m:	45.46	45.46	100 m:	1:36.64	51.18	150 m:	2:29.73	53.09	200 m:	3:22.83	53.10
14	1147010	SANJURJO POVEDA, Pablo					74	NFERROL		3:35.79		0.0
	50 m:	47.23	47.23	100 m:	1:42.92	55.69	150 m:	2:39.18	56.26	200 m:	3:35.79	56.61
15	1023057	PEREZ VAZQUEZ, Telmo					88	NTNARON		3:45.58		0.0
	50 m:	49.52	49.52	100 m:	1:44.80	55.28	150 m:	2:45.17	1:00.37	200 m:	3:45.58	1:00.41
16	1078611	MARTIN MONTERO, Manuel Jose					77	ARTEIXO		3:52.11		0.0
	50 m:	50.67	50.67	100 m:	1:47.73	57.06	150 m:	2:49.30	1:01.57	200 m:	3:52.11	1:02.81
17	1257939	PUENTE MARIN, Cristina					95	FLUVLUGO		4:00.28		0.0
	50 m:	55.00	55.00	100 m:	1:56.32	1:01.32	150 m:	2:58.20	1:01.88	200 m:	4:00.28	1:02.08
18	1273323	LOPEZ BARREIRO, Cristina					79	MULLEREF		4:05.07		0.0
	50 m:	57.43	57.43	100 m:	1:58.43	1:01.00	150 m:	3:01.79	1:03.36	200 m:	4:05.07	1:03.28

19	1274570	CEDRON VILAR, Raul	50 m: 54.32 54.32	100 m: 1:55.88 1:01.56	69	MULLEREF	150 m: 3:00.83 1:04.95	200 m: 4:06.55 1:05.72	4:06.55	0.0
20	1197606	CARBALLO BALOIRA, Susana Maria	50 m: 1:00.36 1:00.36	100 m: 2:06.98 1:06.62	75	HERCULES	150 m: 3:16.24 1:09.26	200 m: 4:24.67 1:08.43	4:24.67	0.0
21	1078925	SALGADO CASTELO, Marta	50 m: 1:01.17 1:01.17	100 m: 2:09.05 1:07.88	94	MULLEREF	150 m: 3:19.69 1:10.64	200 m: 4:26.85 1:07.16	4:26.85	0.0
22	1287796	MAURIZ ABUIN, Maria Del Mar	50 m: 1:01.98 1:01.98	100 m: 2:09.17 1:07.19	69	MULLEREF	150 m: 3:19.11 1:09.94	200 m: 4:30.05 1:10.94	4:30.05	0.0
23	1287818	GARCIA ALONSO, Paula	50 m: 1:00.79 1:00.79	100 m: 2:11.24 1:10.45	74	LICEO	150 m: 3:24.95 1:13.71	200 m: 4:37.91 1:12.96	4:37.91	0.0
24	1287817	ZAVTUR GAVRILOV, Gala	50 m: 1:08.80 1:08.80	100 m: 2:24.41 1:15.61	76	LICEO	150 m: 3:41.09 1:16.68	200 m: 4:55.41 1:14.32	4:55.41	0.0
25	1037151	GOMEZ DOVAL, Maria Angela	50 m: 1:14.32 1:14.32	100 m: 2:37.81 1:23.49	56	FLUVLUGO	150 m: 4:02.56 1:24.75	200 m: 5:27.42 1:24.86	5:27.42	0.0
26	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	50 m: 1:25.06 1:25.06	100 m: 2:59.69 1:34.63	56	MULLEREF	150 m: 4:36.50 1:36.81	200 m: 6:10.27 1:33.77	6:10.27	0.0
DSQ	1264778	VAZQUEZ LOPEZ, Eva			77	MULLEREF				0,0
WDR	1040100	CALVO RODRIGUEZ, Maria			87	NTNARON				0,0
WDR	1287805	BELGRANO, Elena			74	FLUVLUGO				0,0
WDR	1075503	DE LA MONTAÑA ALCANTARA, Gloria			73	RSDH				0,0
WDR	1078676	BARJA RIVAS, Marcos			99	NTNARON				0,0
WDR	1269779	GARCIA COLMENARES, Ricardo Andres			91	NTNARON				0,0

11.- 4x50 m Libre Masculino (TIM)

2025-12-20 17:00

ABSO_M

1	00639	NTNARON 04			NTNARON	1:51.32	0.0
	1078641	GRACIA CARBAJO, Miguel	94	50 m:	25.66 25.66		
	1182358	CANOSA RODRIGUEZ, Juan Jose	80	100 m:	53.99 28.33		
	1143515	BLANCO PEREZ, Jesus	86	150 m:	1:21.30 27.31		
	1143662	BALSA MOSQUERA, Pablo	78	200 m:	1:51.32 30.02		
2	00186	NCORUÑA 05			NCORUÑA	1:57.56	0.0
	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	50 m:	29.96 29.96		
	1105220	GARCIA RIÑON, Jaime	64	100 m:	59.03 29.07		
	1232926	TAPIA PORTO, Enrique	65	150 m:	1:29.07 30.04		
	1014291	GOMEZ CARDESIN, Alvaro	85	200 m:	1:57.56 28.49		
3	00617	ADFOGAR 05			ADFOGAR	2:04.24	0.0
	1041444	FERNANDEZ VARELA, Pablo J.	84	50 m:	28.79 28.79		
	1282485	PLAZA RAMIREZ, Raul	71	100 m:	1:02.43 33.64		
	1244353	TATO FUENTES, Victor	79	150 m:	1:31.73 29.30		
	1141356	GENDE DIAZ, Juan F.	70	200 m:	2:04.24 32.51		
4	00398	FLUVLUGO 04			FLUVLUGO	2:11.70	0.0
	1218108	IGLESIAS LAPIDO, Miguel	85	50 m:	29.70 29.70		
	1079491	GOMEZ MARTIN, Ruben	78	100 m:	1:02.64 32.94		
	1201621	ALONSO ORTIZ, Mariano	76	150 m:	1:37.33 34.69		
	1254829	FARIAS FORNEIRO, Patricio Cruz	77	200 m:	2:11.70 34.37		
5	01433	CULLERED 04			CULLERED	2:12.13	0.0
	1281943	MARX, Sven Oliver	77	50 m:	30.79 30.79		
	1144297	LAMAS SOTO, Cesar	75	100 m:	1:03.99 33.20		
	1228047	PEREZ GARCIA, Manuel	67	150 m:	1:42.70 38.71		
	1115676	GONZALEZ IGLESIAS, Alberto	97	200 m:	2:12.13 29.43		
6	00287	SCASINO 05			SCASINO	2:16.28	0.0
	1199641	COUCEIRO SANCHEZ, Gonzalo	66	50 m:	35.78 35.78		
	1085112	RIVAS FEAL, Antonio	66	100 m:	1:06.46 30.68		
	1145052	FIERRO FERNANDEZ, Julio	82	150 m:	1:40.36 33.90		
	1199640	BURGO, Carlos Diego	74	200 m:	2:16.28 35.92		
7	01269	LICEO 04			LICEO	2:19.68	0.0
	1180192	SAAVEDRA GONZALEZ, Raul	73	50 m:	29.94 29.94		
	1287820	BOTNARI ZAVTUR, Lorenzo	01	100 m:	1:04.76 34.82		
	1287819	LOPEZ QUINTEIRO, Francisco Javier	86	150 m:	1:43.21 38.45		
	1143661	TOURIÑO GONZALEZ, Victor M.	68	200 m:	2:19.68 36.47		
WDR	01572				HERCULES		0.0
	50 m:						
WDR	01133				ARTEIXO		0.0
	50 m:						
WDR	00639				NTNARON		0.0
	50 m:						
WDR	00186				NCORUÑA		0.0
	50 m:						

12.- 4x50 m Libre Feminino (TIM)

2025-12-20 17:00

ABSO_F

1	00639	NTNARON 02			NTNARON	2:15.45	0.0
	1054495	SEGOVIA CARBALLO, Paula	00	50 m:	33.02 33.02		
	1266318	GORDILLO VAN GILS, Silvia	96	100 m:	1:09.39 36.37		
	1078736	LOPEZ LOSADA, Sara	01	150 m:	1:42.27 32.88		
	1141212	RIVAS TENREIRO, Arantza	89	200 m:	2:15.45 33.18		
2	00674	NFERROL 04			NFERROL	2:18.07	0.0
	1142917	LOPEZ SANMARTIN, Tania	91	50 m:	33.81 33.81		
	1075225	SOUTO DERUNGS, Cristina	85	100 m:	1:08.65 34.84		
	1075200	JIMENEZ PEREZ, Victoria	69	150 m:	1:48.15 39.50		
	1075221	HERMIDA RODRIGUEZ, Blanca	81	200 m:	2:18.07 29.92		
3	01572	HERCULES 04			HERCULES	2:37.92	0.0
	1197606	CARBALLO BALOIRA, Susana Maria	75	50 m:	45.49 45.49		
	1145099	LOPEZ MAHIA, Purificacion	63	100 m:	1:27.85 42.36		
	1264754	RODRIGUEZ PANTIN, Marta Maria	66	150 m:	2:06.30 38.45		
	1144257	FERNANDEZ GONZALEZ, Elena	01	200 m:	2:37.92 31.62		
4	00287	SCASINO 04			SCASINO	2:43.38	0.0
	1036315	LOPEZ CORTABITARTE, Belen	87	50 m:	40.80 40.80		
	1199642	GARNACHO GAYARRE, Nuria	69	100 m:	1:24.20 43.40		
	1256963	ARIAS CHAO, Sara	91	150 m:	2:13.53 49.33		
	1075496	BARBEITO DOMINGUEZ, Marta	84	200 m:	2:43.38 29.85		
5	01824	MULLEREF 04			MULLEREF	2:54.30	0.0
	1078925	SALGADO CASTELO, Marta	94	50 m:	41.72 41.72		
	1253184	ABELLEIRA CORRAL, Gema	80	100 m:	1:29.37 47.65		
	1273323	LOPEZ BARREIRO, Cristina	79	150 m:	2:14.12 44.75		
	1253190	GARCIA NAVAS, Carolina	79	200 m:	2:54.30 40.18		
6	00398	FLUVLUGO 05			FLUVLUGO	2:59.03	0.0
	1037151	GOMEZ DOVAL, Maria Angela	56	50 m:	57.37 57.37		
	1257939	PUENTE MARIN, Cristina	95	100 m:	1:42.38 45.01		
	1037939	CASTRO MAESTRE, Isaura	69	150 m:	2:21.77 39.39		
	1264733	GOMEZ PAREDES, Maria	76	200 m:	2:59.03 37.26		
7	01824	MULLEREF 06			MULLEREF	3:56.46	0.0
	1264776	FERNANDEZ COPA, Maria Susana	67	50 m:	1:00.84 1:00.84		
	1288425	MARIN CASTRO, Montserrat	71	100 m:	1:57.90 57.06		
	1287796	MAURIZ ABUIN, Maria Del Mar	69	150 m:	2:48.69 50.79		
	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	56	200 m:	3:56.46 1:07.77		
DSQ	01824				MULLEREF		0.0
	1078902	AZANZA MORENO, Cristina	76				
	1287797	SALGADO IGLESIAS, Maria Angeles	72				
	1273331	PEREZ CASTRO, Maria Ruth	75				
	1264778	VAZQUEZ LOPEZ, Eva	77				
WDR	00284				RSDH		0.0
	50 m:						
WDR	00674				NFERROL		0.0
	50 m:						