

XIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 09/03/2025

10K. Distancia: 10.000 m



Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Licenza	Club	Localidade
1	2	ALEJANDRO PARDO BELLO		SNM- 1	00:34:07	00:03:25	00:34:05	00:03:25		A.D. FOGAR	CARBALLO
2	145	FRANCISCO PAIS FONDO		SNM- 2	00:34:17	00:03:26	00:34:17	00:03:26		SD COMPOSTELA ATLETISMO	CAMARIÑAS
3	504	ALBERTO RIVEIRO LAMPÓN		MST1M- 1	00:34:34	00:03:28	00:34:30	00:03:27		CLUB ATLETISMO SAR	RIBEIRA
4	52	RUBEN INSUA DIAZ		SNM- 3	00:34:47	00:03:29	00:34:44	00:03:29		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
5	69	MANUEL DOSIL LAGO		MST2M- 1	00:35:02	00:03:31	00:35:00	00:03:30	79332937	CC TRIATLON MUROS	MUROS
6	3	JACI MELLO		MST2M- 2	00:35:15	00:03:32	00:35:14	00:03:32		CLUBE ATLETISMO BOIMORTO	ARTEIXO
7	5	KIKO ROCA LEDO		MST2M- 3	00:35:29	00:03:33	00:35:27	00:03:33		TEAM ROCA	LAXE
8	4	JORGE RODRÍGUEZ LARIÑO		MST1M- 2	00:35:41	00:03:35	00:35:38	00:03:34		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
9	209	ALBERTO PARDO MONTERO		MST1M- 3	00:35:59	00:03:36	00:35:56	00:03:36			VILA DE CRUCES
10	106	CONSTANTE LORENZO SANTOS		MST2M- 4	00:36:15	00:03:38	00:36:13	00:03:38		CLUB DEPORTIVO OS MUDITOS	CARBALLO
11	515	OLIVER LEMA LÓPEZ		SNM- 4	00:36:32	00:03:40	00:36:30	00:03:39			CORUÑA (A)
12	8	BONI GONZÁLEZ REY		MST2M- 5	00:36:43	00:03:41	00:36:41	00:03:41		O JERREIRO CARNOTA	CARNOTA
13	9	JAVIER NOVO BUJEIRO		MST2M- 6	00:36:54	00:03:42	00:36:49	00:03:41		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
14	146	TOÑITO PARDIÑAS MALLÓN		MST1M- 4	00:36:56	00:03:42	00:36:54	00:03:42		SD COMPOSTELA ATLETISMO	LARACHA (A)
15	6	JOSECHO GONZÁLEZ REY		MST2M- 7	00:37:08	00:03:43	00:37:05	00:03:43		O JERREIRO CARNOTA	CARNOTA
16	144	DAVID MARTÍNEZ MELLADO		MST2M- 8	00:37:23	00:03:45	00:37:20	00:03:44		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
17	187	HOWARD FRIMAN		SNM- 5	00:38:07	00:03:49	00:38:04	00:03:49			CORUÑA (A)
18	340	PEDRO GÓMEZ FERREIRO		MST2M- 9	00:38:13	00:03:50	00:38:10	00:03:49			CARBALLO
19	229	ALBERTO GONZALEZ		MST1M- 5	00:38:15	00:03:50	00:38:11	00:03:50			CARBALLO
20	153	MARTÍN VIDAL LORENZO		SNM- 6	00:38:35	00:03:52	00:38:31	00:03:52		TERRA DE SONEIRA C.D.	VIMIANZO
21	23	LORENZO LOURIDO RIAL		MST2M- 10	00:38:41	00:03:53	00:38:39	00:03:52		CLUB ATLETISMO NEGREIRA	
22	188	JOSÉ MANUEL GARCÍA ANTELO		MST2M- 11	00:38:43	00:03:53	00:38:40	00:03:52			NEGREIRA
23	22	JOSÉ MANUEL LAGO CES		MST3M- 1	00:38:46	00:03:53	00:38:41	00:03:53		CLUB ATLETISMO SAR	CEE
24	54	KIKO LAGO SANTIAGO		MST2M- 12	00:38:46	00:03:53	00:38:42	00:03:53		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
25	93	MANUEL COSTA CASTRO		MST3M- 2	00:38:48	00:03:53	00:38:42	00:03:53		CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
26	121	ADRIAN SOUTO IGLESIAS		SNM- 7	00:38:50	00:03:53	00:38:47	00:03:53		FOGAR TRIATLON CARBALLO	ORDES
27	312	ALEJANDRO LÓPEZ PARDO		SNM- 8	00:39:00	00:03:54	00:38:57	00:03:54		ÍNTEGRO & CAR BOSQUE	CARBALLO
28	10	JOAQUIN DOMÍNGUEZ REY		MST1M- 6	00:39:05	00:03:55	00:39:02	00:03:55			VIMIANZO
29	122	LUIS MIGUEL ANTELO LEMA		MST2M- 13	00:39:12	00:03:56	00:39:09	00:03:55		FURANCHO DEPOORTIVO	VIMIANZO
30	241	DANIEL VAZQUEZ SANTOS		SNM- 9	00:39:36	00:03:58	00:39:31	00:03:58			LAXE
31	404	ANTONIO LUACES PAZ		SUB23M- 1	00:39:43	00:03:59	00:39:36	00:03:58		CLUB ATLETISMO SAR	CAMARIÑAS
32	112	JAVI BARREIRO CORDEIRO		MST3M- 3	00:40:05	00:04:01	00:39:59	00:04:00		CLUBE DE ATLETISMO SERRES RUNNERS	CARNOTA
33	21	JUAN CARLOS FERNÁNDEZ LAGO		MST3M- 4	00:40:06	00:04:01	00:40:06	00:04:01		CLUB ATLETISMO SAR	MUROS
34	307	JAVIER TRINANES		MST2M- 14	00:40:21	00:04:03	00:40:19	00:04:02		CLUBE DE ATLETISMO SERRES RUNNERS	BOIRO
35	115	ENRIQUE MUIÑOS REYES		MST2M- 15	00:40:27	00:04:03	00:40:23	00:04:03	76968553	CLUBE DE ATLETISMO SERRES RUNNERS	NOIA
36	155	IGNACIO INFESTA SAR		MST1M- 7	00:40:28	00:04:03	00:40:26	00:04:03		TRIATLÓN COSTA DA MORTE	ZAS
37	55	ALEJANDRO LAMAS PÉREZ		MST2M- 16	00:40:46	00:04:05	00:40:43	00:04:05		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
38	319	DANIEL BARDANCA ABELENDA		SNM- 10	00:40:48	00:04:05	00:40:39	00:04:04		TRIATLON COSTA DA MORTE	ZAS
39	25	GONZALO SILVA BRENLLA		MST2M- 17	00:40:56	00:04:06	00:40:52	00:04:06		NOITEBRA FC	SANTA COMBA
40	154	JAIRO PRIETO CAAMAÑO		MST2M- 18	00:41:00	00:04:06	00:41:00	00:04:06		TRIATLON COSTA DA MORTE	CEE
41	239	JUAN CARLOS TRILLO CAAMAÑO		MST2M- 19	00:41:29	00:04:09	00:41:21	00:04:09			CEE
42	183	JESÚS EIRIS PONTE		MST4M- 1	00:41:30	00:04:09	00:41:26	00:04:09			CARBALLO
43	356	CRISTIAN RANCAÑO LAGOA		SNM- 11	00:41:43	00:04:11	00:41:40	00:04:10			CARBALLO
44	142	JOSE LUIS AYASO ROMERO		MST2M- 20	00:41:46	00:04:11	00:41:42	00:04:11		SANTA UXIA ATLETISMO	RIBEIRA
45	364	BRAIS BAHAMONDE BARCALA		SUB20M- 1	00:42:07	00:04:13	00:42:03	00:04:13		CLUB ATLETISMO TAMBRE	OROSO
46	510	MIGUEL DOMÍNGUEZ VÁZQUEZ		MST1M- 8	00:42:07	00:04:13	00:41:57	00:04:12			SANTIAGO DE COMPOSTELA
47	215	FERNANDO PÉREZ HERNÁNDEZ		MST3M- 5	00:42:30	00:04:15	00:42:22	00:04:15			CORUÑA (A)
48	211	SUSO PENSADO FIGUEIRAS		MST3M- 6	00:42:30	00:04:15	00:42:14	00:04:14			LARACHA (A)
49	107	EDUARDO GÓMEZ RAPOSO		MST2M- 21	00:42:37	00:04:16	00:42:32	00:04:16		CLUB TRIATLÓN COMPOSTELA	
50	12	RAQUEL RAMOS SUÁREZ	F- 1	MST3F- 1	00:42:43	00:04:17	00:42:39	00:04:16		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
51	163	DIEGO BELLO GRAIÑO		MST2M- 22	00:42:45	00:04:17	00:42:14	00:04:14			NEGREIRA
52	73	JESÚS COUSO GARCIA		MST2M- 23	00:42:55	00:04:18	00:42:50	00:04:17		CLUB ATLETISMO NEGREIRA	NEGREIRA
53	32	JOSÉ FERNANDO TRILLO CARLÍN		MST3M- 7	00:42:59	00:04:18	00:42:55	00:04:18		A.D. FOGAR	CARBALLO
54	417	JOSÉ MANUEL CASÁS CASÁS		MST2M- 24	00:43:03	00:04:19	00:42:58	00:04:18			CORUÑA (A)
55	66	ROBERTO CID SANMARTIN		MST2M- 25	00:43:12	00:04:20	00:43:08	00:04:19		BRUTANZOS TEAM	OLEIROS
56	173	ÁLVARO CANOSA CASTIÑEIRA		SNM- 12	00:43:14	00:04:20	00:43:07	00:04:19			CORUÑA (A)
57	151	FÉLIX ROGET PÉREZ		MST2M- 26	00:43:19	00:04:20	00:43:00	00:04:18		TERRA DE SONEIRA C.D.	VIMIANZO
58	431	FELIPE SANTOS ALVES		MST1M- 9	00:43:27	00:04:21	00:43:13	00:04:20			CAMARIÑAS
59	357	ALBERTO REY CALVO		SNM- 13	00:43:28	00:04:21	00:43:10	00:04:19			CORISTANCO
60	31	MANUEL GARCÍA VELO		MST2M- 27	00:43:34	00:04:22	00:43:18	00:04:20		A. D. MONTEBRONDO	ZAS

61	320	ANTONIO SERRANO AMARELLE		MST1M- 10	00:43:35	00:04:22	00:43:31	00:04:22	XEITOSIÑOS	CARBALLO
62	158	PAULO AÑON RECAREY		MST2M- 28	00:43:36	00:04:22	00:43:28	00:04:21		CARBALLO
63	189	ALFONSO GARCÍA BELLO		MST3M- 8	00:43:41	00:04:23	00:43:33	00:04:22		CAMBRE
64	170	MANUEL CALO CANOSA		MST2M- 29	00:43:44	00:04:23	00:43:35	00:04:22		CEE
65	184	DIONISIO FABIAN GONZALEZ		MST3M- 9	00:43:49	00:04:23	00:43:44	00:04:23		CEE
66	128	JOSÉ LEMA MARTÍNEZ		MST2M- 30	00:43:51	00:04:24	00:43:36	00:04:22	NOITEBRA FC	SANTIAGO DE COMPOSTELA
67	84	ROBERTO MONTES TEIJIDO		MST3M- 10	00:43:51	00:04:24	00:43:41	00:04:23	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	NOIA
68	135	JOSE MANUEL ALDREY RAICES		MST2M- 31	00:43:59	00:04:24	00:43:42	00:04:23	O JERREIRO	TEO
69	118	SANTIAGO ALVAREZ LODEIRO		MST4M- 2	00:44:03	00:04:25	00:43:58	00:04:24	ENTRENARUNNING	SANTIAGO DE COMPOSTELA
70	127	DAVID ESCALANTE PÉREZ		MST1M- 11	00:44:08	00:04:25	00:43:55	00:04:24	NOITEBRA FC	CORUÑA (A)
71	166	MIGUEL BLANCO TRABA		MST2M- 32	00:44:09	00:04:25	00:43:53	00:04:24		VIMIANZO
72	226	DAMIAN RODRIGUEZ BLANCO		MST1M- 12	00:44:09	00:04:25	00:43:55	00:04:24		CARNOTA
73	95	DAVID BARBEIRA GARCIA		MST2M- 33	00:44:13	00:04:26	00:43:59	00:04:24	CLUB CORREXALLAS	SANTA COMBA
74	208	JOSE PARDIÑAS ALVITE		MST4M- 3	00:44:21	00:04:27	00:44:13	00:04:26		CEE
75	223	EDUARDO RÁDEKE FARIÑA		MST2M- 34	00:44:25	00:04:27	00:44:15	00:04:26		SADA
76	429	YAGO DANIEL RIO PEREIRA		SUB23M- 2	00:44:36	00:04:28	00:44:32	00:04:28		FERROL
77	242	PABLO VIAÑO LORENZO		MST2M- 35	00:44:44	00:04:29	00:44:39	00:04:28		SANTIAGO DE COMPOSTELA
78	237	LUIS TAJES CANOSA		MST3M- 11	00:45:00	00:04:30	00:44:45	00:04:29		CAMARIÑAS
79	416	IVÁN CARNOTO RODRÍGUEZ		MST1M- 13	00:45:02	00:04:31	00:44:53	00:04:30		OURENSE
80	175	JAVIER CARBALLO SANCHEZ		MST2M- 36	00:45:08	00:04:31	00:44:51	00:04:30		CAMARIÑAS
81	412	LUIS ALVAREZ PARDIÑAS PUENTE		MST3M- 12	00:45:09	00:04:31	00:45:03	00:04:31		CAMARIÑAS
82	505	ANGEL LUIS CASTRO CASTRO		MST2M- 37	00:45:18	00:04:32	00:45:06	00:04:31	NOSPORTLIMIT	CORUÑA (A)
83	186	ORLANDO FERREIRA		MST4M- 4	00:45:21	00:04:33	00:45:09	00:04:31		GONDOMAR
84	303	BORJA MARTÍNEZ VÁZQUEZ		SUB23M- 3	00:45:24	00:04:33	00:45:18	00:04:32	ABELLARIZA	LAXE
85	167	ÁNGEL BLANCO VÁZQUEZ		MST2M- 38	00:45:29	00:04:33	00:45:17	00:04:32		CORUÑA (A)
86	160	JOSÉ MIGUEL ATÁN AGULLEIRO		MST2M- 39	00:45:39	00:04:34	00:45:34	00:04:34		CEE
87	245	ADRIÁN C. VILLAR FERNÁNDEZ		MST1M- 14	00:45:51	00:04:36	00:45:45	00:04:35		MIÑO
88	217	BENITO PIÑEIRO ABEIJON		MST3M- 13	00:45:56	00:04:36	00:45:25	00:04:33		MUROS
89	148	MANUEL JESÚS LAGO FERNANDEZ		MST3M- 14	00:46:02	00:04:37	00:45:57	00:04:36	SERRES RUNNERS	MUROS
90	92	FRANCISCO BAHAMONDE SUAREZ		MST2M- 40	00:46:06	00:04:37	00:45:57	00:04:36	CLUB ATLETISMO TAMBRE	OROSO
91	179	ALEJANDRO JOSÉ CASTRO ROMÁN		MST2M- 41	00:46:11	00:04:38	00:45:58	00:04:36		CORUÑA (A)
92	124	JOSÉ RAMÓN ABEL SUÁREZ		MST4M- 5	00:46:20	00:04:38	00:46:13	00:04:38	NOITEBRA FC	TEO
93	7	ADRIÁN ROJO LUACES		MST1M- 15	00:46:28	00:04:39	00:46:19	00:04:38	2023808 ATLETISMO SAR	CAMARIÑAS
94	526	JOSE PEDRO ROMAR LOPEZ		MST2M- 42	00:46:29	00:04:39	00:46:19	00:04:38		CAMARIÑAS
95	423	DANIEL LORENZO ALVAREZ		MST2M- 43	00:46:38	00:04:40	00:46:27	00:04:39		COLES
96	225	MANUEL JOSE REY PAULOS		MST4M- 6	00:46:40	00:04:40	00:46:25	00:04:39		CARBALLO
97	46	JUAN CARLOS CAMBEIRO BLANCO		MST3M- 15	00:46:55	00:04:42	00:46:45	00:04:41	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
98	305	IRMA GARCIA CAINZOS	F- 2	MST2F- 1	00:47:04	00:04:43	00:46:58	00:04:42	CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
99	206	ESTEBAN MOUZO DOMÍNGUEZ		MST2M- 44	00:47:09	00:04:43	00:46:47	00:04:41		CEE
100	360	RUBEN SANGUIAO MIGUELEZ		MST2M- 45	00:47:14	00:04:44	00:47:07	00:04:43		MELIDE
101	17	BANESA ATÁN RODRÍGUEZ	F- 3	MST1F- 1	00:47:17	00:04:44	00:47:11	00:04:44	CLUBE DE ATLETISMO SERRES RUNNERS	CEE
102	37	BRAULIO PICON RIVAS		MST2M- 46	00:47:23	00:04:45	00:46:53	00:04:42	ABELLARIZA	CABANA DE BERGANTIÑOS
103	517	ESTEBAN MALLÓN LEMA		MST1M- 16	00:47:24	00:04:45	00:47:12	00:04:44		CARBALLO
104	40	ALFONSO CANOSA BLANCO		MST3M- 16	00:47:32	00:04:46	00:47:21	00:04:45	ASOCIACION DEPORTIVA OLIMPIA	CEE
105	411	OSCAR NOGUEIRA PEDREIRA		MST3M- 17	00:47:33	00:04:46	00:47:08	00:04:43	NOSPORTLIMIT	CORUÑA (A)
106	90	MANUEL INSUA INSUA		MST4M- 7	00:47:35	00:04:46	00:47:16	00:04:44	CLUB ATLETISMO SAR	FISTERRA
107	83	CRISTINA GARCIA BEIRO	F- 4	MST1F- 2	00:47:36	00:04:46	00:47:28	00:04:45	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	OUTES
108	512	DIANA GARCIA	F- 5	MST1F- 3	00:47:46	00:04:47	00:47:38	00:04:46		CARBALLO
109	354	MANUEL PRESAS VENCE		MST2M- 47	00:47:46	00:04:47	00:47:35	00:04:46		DOZÓN
110	348	XANDRE MUIÑO GARRIDO		SNM- 14	00:47:52	00:04:48	00:47:32	00:04:46		CARBALLO
111	304	ADRIÁN CAROLLO VARELA		MST1M- 17	00:47:53	00:04:48	00:47:36	00:04:46	CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
112	131	ALFONSO RODRIGUEZ FRAMIL		MST2M- 48	00:47:59	00:04:48	00:47:52	00:04:48	NOITEBRA FC	AMES
113	114	ANA MARTINEZ MARTINEZ	F- 6	MST2F- 2	00:48:05	00:04:49	00:47:54	00:04:48	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
114	199	JESÚS LAMAS CANOSA		MST3M- 18	00:48:13	00:04:50	00:48:01	00:04:49		CAMARIÑAS
115	336	AINOA FERNÁNDEZ RODRÍGUEZ	F- 7	SNF- 1	00:48:20	00:04:50	00:48:00	00:04:48		CARBALLO
116	171	ELOY CAMBEIRO CANOSA		MST1M- 18	00:48:23	00:04:51	00:47:58	00:04:48		CEE
117	507	ADAN BARBEITO PREGO		MST1M- 19	00:48:23	00:04:51	00:48:03	00:04:49		CORUÑA (A)
118	59	MANUEL VÁZQUEZ FERREIRO		MST3M- 19	00:48:28	00:04:51	00:48:17	00:04:50	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
119	413	ROBERTO BERMÚDEZ CARRIL		MST2M- 49	00:48:30	00:04:51	00:48:30	00:04:51		CAMARIÑAS
120	67	MARIO OTERO DÍAZ		MST3M- 20	00:48:42	00:04:53	00:48:29	00:04:51	C.D. RIA DE AROUSA O GROVE	SANTIAGO DE COMPOSTELA
121	315	DIANA BALBOA ALFAYA	F- 8	MST1F- 4	00:48:43	00:04:53	00:48:38	00:04:52	NOSPORTLIMIT	CORUÑA (A)
122	506	JOSE ANTONIO ANTELO MARTÍNEZ		MST2M- 50	00:48:43	00:04:53	00:48:32	00:04:52		CAMARIÑAS
123	198	ANGEL JUVIÑO		MST3M- 21	00:48:45	00:04:53	00:48:22	00:04:51		CORUÑA (A)
124	222	MANUEL ANGEL QUINTANS VARELA		MST2M- 51	00:48:49	00:04:53	00:48:24	00:04:51		SANTIAGO DE COMPOSTELA
125	98	HECTOR FERRERAS FERROL		MST1M- 20	00:48:51	00:04:54	00:48:51	00:04:54	CLUB CORREXALLAS	SANTA COMBA

126	103	MARCELINO RIVAS POMBO		MST2M- 52	00:48:53	00:04:54	00:48:40	00:04:52	CLUB CORREXALLAS	SANTIAGO DE COMPOSTELA
127	15	VANESA CAAMAÑO PEREZ	F- 9	MST2F- 3	00:48:56	00:04:54	00:48:39	00:04:52	TERRA DE SONEIRA C.D.	VIMIANZO
128	105	BRAIS MOSTEIRO GARCÍA		MST2M- 53	00:49:04	00:04:55	00:48:35	00:04:52	CLUB DEPORTIVO INCLUSIVO ENKI	OLEIROS
129	203	JOSE MANSILLA BARREIRO		MST1M- 21	00:49:04	00:04:55	00:48:34	00:04:52		CORUÑA (A)
130	511	PABLO DOPICO ALMANDÓS		SNM- 15	00:49:28	00:04:57	00:49:07	00:04:55		VIGO
131	80	JOSÉ BUJÁN GONZÁLEZ		MST2M- 54	00:49:29	00:04:57	00:49:18	00:04:56	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	OUTES
132	14	MARTA PEREIRA BELLO	F- 10	MST1F- 5	00:49:38	00:04:58	00:49:25	00:04:57		AMES
133	27	MARIA JOSE PEREIRA BELLO	F- 11	SNF- 2	00:49:39	00:04:58	00:49:25	00:04:57		VIMIANZO
134	415	MATÍAS EZEQUIEL BREA DUARTE		MST2M- 55	00:49:46	00:04:59	00:49:30	00:04:57		CORUÑA (A)
135	63	ARTURO PASANTES VIDAL		MST3M- 22	00:49:56	00:05:00	00:49:51	00:05:00	ATLETISMO COSTA DA MORTE	CEE
136	603	JAVIER AUGUSTO GIL MARIÑO		MST1M- 22	00:50:10	00:05:01	00:49:49	00:04:59		VILAGARCÍA DE AROUSA
137	227	LAURA RODRÍGUEZ GÓMEZ	F- 12	SNF- 3	00:50:13	00:05:02	00:49:53	00:05:00		CARBALLO
138	132	ALEJANDRO LUIS NOVOA		SNM- 16	00:50:14	00:05:02	00:49:57	00:05:00	NOSPORTLIMIT	CORUÑA (A)
139	207	MANUEL OUTES PAZ		MST4M- 8	00:50:18	00:05:02	00:50:03	00:05:01		CARBALLO
140	221	ROBERTO QUINTÁNS SUÁREZ		MST2M- 56	00:50:29	00:05:03	00:50:07	00:05:01		NEGREIRA
141	324	TANIA BOQUETE GARCIA	F- 13	MST2F- 4	00:50:41	00:05:05	00:50:26	00:05:03		NEGREIRA
142	130	JESUS PEREZ BALIRAC		MST3M- 23	00:50:44	00:05:05	00:50:21	00:05:03	NOITEBRA FC	SANTIAGO DE COMPOSTELA
143	502	MAITE COUTO MENDOZA	F- 14	MST2F- 5	00:50:49	00:05:05	00:50:37	00:05:04	CLUB ATLETISMO O PINO	BOQUEIXÓN
144	96	FABIO CAPELO VILAR		MST2M- 57	00:50:49	00:05:05	00:50:35	00:05:04	CLUB CORREXALLAS	SANTA COMBA
145	344	GUMERSINDO CANDIDO LEMA MOUZO		MST4M- 9	00:50:49	00:05:05	00:50:41	00:05:05		CARBALLO
146	327	MARTÍN CAAMAÑO RODRÍGUEZ		SNM- 17	00:50:50	00:05:05	00:50:32	00:05:04		CARBALLO
147	157	ISIDRO ALFARO BARBARÁ		MST1M- 23	00:50:51	00:05:06	00:50:27	00:05:03		CORUÑA (A)
148	99	MANUEL LOPEZ TEMES		MST1M- 24	00:50:54	00:05:06	00:50:41	00:05:05	CLUB CORREXALLAS	SANTA COMBA
149	94	FELIX VILAR CAAMAÑO		MST4M- 10	00:50:54	00:05:06	00:50:48	00:05:05	CLUB CICLISTA CEE	CEE
150	409	NANCI VIVIANA CAAMAÑO LAGO	F- 15	MST3F- 2	00:50:55	00:05:06	00:50:37	00:05:04	CLUBE ATLETISMO SAR	CULLEREDO
151	531	JOSÉ MANUEL BLANCO NOVO		MST3M- 24	00:50:59	00:05:06	00:50:48	00:05:05	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
152	197	ROBERTO IGLESIAS MEDIN		SNM- 18	00:51:00	00:05:06	00:50:35	00:05:04		BETANZOS
153	420	ADOLFO GARCÍA ALONSO		MST2M- 58	00:51:00	00:05:06	00:51:00	00:05:06		CORUÑA (A)
154	134	CARLOS CASTRO RODRIGUEZ		MST3M- 25	00:51:05	00:05:07	00:50:50	00:05:05	NOSPORTLIMIT-TREK GALICIA	LARACHA (A)
155	335	ANDREA FERNÁNDEZ	F- 16	SNF- 4	00:51:07	00:05:07	00:50:53	00:05:06		NOIA
156	306	JAVIER GONZALEZ		SUB20M- 2	00:51:13	00:05:08	00:51:03	00:05:07	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
157	141	SUSO RAMOS RODRIGUEZ		MST3M- 26	00:51:18	00:05:08	00:51:03	00:05:07	RUNNING OLEIROS	LARACHA (A)
158	26	PAULA TRILLO CALO	F- 17	MST1F- 6	00:51:24	00:05:09	00:51:03	00:05:07	TERRA DE SONEIRA C.D.	VIMIANZO
159	147	JOAQUIN FERNANDEZ MARTÍNEZ		MST3M- 27	00:51:36	00:05:10	00:51:27	00:05:09	SERRES RUNNERS	MUROS
160	101	ÁNGELA PENA TAIBO	F- 18	SNF- 5	00:51:44	00:05:11	00:51:35	00:05:10	CLUB CORREXALLAS	
161	309	CARLOS SUÁREZ FUENTES		MST2M- 59	00:51:54	00:05:12	00:51:36	00:05:10	ESTUDIO ADRIAN PEREZ	CARBALLO
162	180	FRANCISCO JAVIER DEL RIO LIBOREIRO		MST2M- 60	00:52:02	00:05:13	00:51:44	00:05:11		VIMIANZO
163	355	JOSE QUINTANS CASTRO		MST1M- 25	00:52:12	00:05:14	00:51:49	00:05:11		NEGREIRA
164	430	LUIS RODRIGUEZ REBOREDO		MST3M- 28	00:52:19	00:05:14	00:52:09	00:05:13		OURENSE
165	120	ESTEBAN AMADO CAAMAÑO		SNM- 19	00:52:21	00:05:15	00:52:02	00:05:13	ESTUDIO ADRIAN PÉREZ	SANTA COMBA
166	230	CESAR SENDON		SNM- 20	00:52:22	00:05:15	00:52:02	00:05:13		CARBALLO
167	311	ADRIÁN PÉREZ GARCÍA		MST1M- 26	00:52:22	00:05:15	00:52:05	00:05:13	ESTUDIO ADRIÁN PÉREZ	CARBALLO
168	601	LAURA PAZ ABELLEIRA	F- 19	MST2F- 6	00:52:26	00:05:15	00:52:15	00:05:14	NOSPORTLIMIT	CORUÑA (A)
169	178	CARMEN CASTRO LEMA	F- 20	MST2F- 7	00:52:31	00:05:16	00:52:15	00:05:14		DUMBRÍA
170	359	ÁLVARO SÁNCHEZ GONZÁLEZ		SNM- 21	00:52:31	00:05:16	00:52:07	00:05:13		CORUÑA (A)
171	244	JUÁN PEDRO VIGO SANZ		MST3M- 29	00:52:36	00:05:16	00:52:20	00:05:14		SANTIAGO DE COMPOSTELA
172	61	ANTONIO SANTOS MALLO		MST3M- 30	00:52:40	00:05:16	00:52:20	00:05:14	ATLETICA A SILVA	CERCEDA
173	56	MANUEL MIRA LLOPIS		MST2M- 61	00:52:41	00:05:17	00:52:30	00:05:15	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
174	243	JOSE RUBEN VIEITES PARDO		SNM- 22	00:52:51	00:05:18	00:52:43	00:05:17		
175	117	SANTIAGO TOME CANCELA		SNM- 23	00:52:52	00:05:18	00:52:44	00:05:17	DG RUN	CORISTANCO
176	508	SAMUEL CALVO GONZÁLEZ		SNM- 24	00:52:52	00:05:18	00:52:35	00:05:16		SANTA COMBA
177	82	OSCAR FIGUEIRAS TOREA		MST3M- 31	00:52:55	00:05:18	00:52:44	00:05:17	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	MUROS
178	353	AGUSTIN POSE NUÑEZ		MST1M- 27	00:52:59	00:05:18	00:52:37	00:05:16		LAXE
179	205	YOLANDA MOLEDO GONZÁLEZ	F- 21	MST2F- 8	00:52:59	00:05:18	00:52:44	00:05:17		CEE
180	403	PLACERES CONDE SUÁREZ	F- 22	MST2F- 9	00:53:08	00:05:19	00:52:56	00:05:18	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
181	328	ROSA CABADO MIGUELEZ	F- 23	MST1F- 7	00:53:09	00:05:19	00:53:03	00:05:19		MELIDE
182	333	JAVIER CASTRO VAZQUEZ		MST2M- 62	00:53:10	00:05:19	00:53:03	00:05:19		TOQUES
183	70	DANIEL LÓPEZ GONZÁLEZ		MST2M- 63	00:53:10	00:05:19	00:52:39	00:05:16	CDM VÉRTICE	CARBALLO
184	200	DANI LEMA		MST1M- 28	00:53:11	00:05:20	00:52:49	00:05:17		CEE
185	149	VANESSA MARÍA NEIRA LÓPEZ	F- 24	MST2F- 10	00:53:24	00:05:21	00:53:11	00:05:20	SERRES RUNNERS	CARNOTA
186	247	IZAN PÉREZ CAAMAÑO		SUB20M- 3	00:53:25	00:05:21	00:53:14	00:05:20	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
187	172	PURY CAMPOS	F- 25	MST3F- 3	00:53:33	00:05:22	00:53:24	00:05:21		CAMBRE
188	47	JOSE MARIA CANOSA GOSENDE		MST2M- 64	00:53:39	00:05:22	00:53:13	00:05:20	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
189	88	ANGELES RODRÍGUEZ DEL RÍO	F- 26	MST4F- 1	00:53:52	00:05:24	00:53:45	00:05:23	CLUB ATLETISMO SADA	ORDES
190	219	LALI PLACES VIDAL	F- 27	MST3F- 4	00:53:57	00:05:24	00:53:45	00:05:23		BOIRO

191	116	MANUEL PAÍS FERNANDEZ		MST4M- 11	00:53:58	00:05:24	00:53:49	00:05:23	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
192	236	MARÍA JOSÉ SUÁREZ CASAL	F- 28	MST2F- 11	00:54:02	00:05:25	00:53:34	00:05:22		NEGREIRA
193	35	MIRIAM AMADO VÁZQUEZ	F- 29	SNF- 6	00:54:02	00:05:25	00:53:55	00:05:24	ABELLARIZA	CARBALLO
194	228	GEMA ROO MAROÑAS	F- 30	SNF- 7	00:54:03	00:05:25	00:53:48	00:05:23		LOUSAME
195	532	RAMÓN BARREIRO CERNADAS		MST4M- 12	00:54:03	00:05:25	00:53:42	00:05:23	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	OUTES
196	519	ALBERTO OGANDO MARTÍNEZ		MST1M- 29	00:54:06	00:05:25	00:53:48	00:05:23		CORUÑA (A)
197	174	DAVID CARBALLIDO SOUTO		SNM- 25	00:54:12	00:05:26	00:53:54	00:05:24		CARBALLO
198	202	JOSE ANGEL LORENZO RIVEIRO		MST3M- 32	00:54:18	00:05:26	00:54:02	00:05:25		CULLEREDO
199	224	MARTIN RAÑA VÁZQUEZ		MST2M- 65	00:54:19	00:05:26	00:53:54	00:05:24		CEE
200	182	ISABEL DURÁN DÍAZ	F- 31	MST2F- 12	00:54:21	00:05:27	00:54:07	00:05:25		CEE
201	161	CHARLOTTE ATKINS	F- 32	SNF- 8	00:54:30	00:05:27	00:54:09	00:05:25		CORUÑA (A)
202	68	ÁNGEL GENDRA MARTÍNEZ		MST2M- 66	00:54:50	00:05:29	00:54:26	00:05:27	CABE	SANTIAGO DE COMPOSTELA
203	422	RAQUEL LÓPEZ FIGUEROA	F- 33	SNF- 9	00:54:53	00:05:30	00:54:33	00:05:28		LARACHA (A)
204	524	SANDRA MARÍA RODRÍGUEZ GARCÍA	F- 34	MST1F- 8	00:54:53	00:05:30	00:54:34	00:05:28		LARACHA (A)
205	525	PABLO ROEL MIRANDA		MST1M- 30	00:54:56	00:05:30	00:54:43	00:05:29		ARTEIXO
206	322	DARÍO AMBITE SANTANA		SUB20M- 4	00:54:59	00:05:30	00:54:47	00:05:29		CAMBRE
207	338	BEATRIZ GALIANO LEIS	F- 35	MST1F- 9	00:55:01	00:05:31	00:54:43	00:05:29		MUROS
208	231	SILVESTRE SEOANE FERNÁNDEZ		SNM- 26	00:55:04	00:05:31	00:54:39	00:05:28		OZA DOS RÍOS
209	192	PABLO GARCÍA MARTÍNEZ		MST1M- 31	00:55:04	00:05:31	00:54:48	00:05:29		FERROL
210	529	MARTA YAÑEZ VICENTE	F- 36	SNF- 10	00:55:05	00:05:31	00:54:44	00:05:29		VIGO
211	162	KATERYNA BARTOSHKINA	F- 37	MST1F- 10	00:55:05	00:05:31	00:54:50	00:05:29		FERROL
212	339	BEATRIZ GARCÍA MARTÍNEZ	F- 38	MST1F- 11	00:55:09	00:05:31	00:54:54	00:05:30		MIÑO
213	165	JOSÉ ANTONIO BLANCO BARREIRO		MST4M- 13	00:55:10	00:05:31	00:54:56	00:05:30		SANTIAGO DE COMPOSTELA
214	323	FRANCISCO JAVIER BARROS CERVIÑO		MST3M- 33	00:55:13	00:05:32	00:54:42	00:05:29		SANTIAGO DE COMPOSTELA
215	119	Mª BEGOÑA RAMOS SUÁREZ	F- 39	MST4F- 2	00:55:14	00:05:32	00:55:08	00:05:31	ENTRENARUNNING	SANTIAGO DE COMPOSTELA
216	29	ANABEL CAAMAÑO BERMÚDEZ	F- 40	MST2F- 13	00:55:28	00:05:33	00:55:12	00:05:32	CLUBE ATLETISMO BOIMORTO	ARTEIXO
217	168	FRANCISCO JAVIER BRENLLA DUARTE		MST1M- 32	00:55:29	00:05:33	00:55:09	00:05:31		SANTA COMBA
218	51	BRAIS IGLESIAS ANDRADE		SNM- 27	00:55:37	00:05:34	00:55:20	00:05:32	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
219	352	MARIA ISABEL PIÑEIRO IGLESIAS	F- 41	MST2F- 14	00:55:39	00:05:34	00:55:14	00:05:32		TEO
220	36	ÁNGEL EIROA POSE		MST2M- 67	00:55:39	00:05:34	00:55:15	00:05:32	ABELLARIZA	LAXE
221	71	RUBÉN JOSE CARRACEDO POSE		MST2M- 68	00:55:39	00:05:34	00:55:14	00:05:32	CHORIMA	SANTIAGO DE COMPOSTELA
222	30	MARTA SANZ SANZ	F- 42	MST2F- 15	00:55:53	00:05:36	00:55:38	00:05:34	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
223	518	MARIANA MARTINEZ TRABA	F- 43	MST2F- 16	00:56:02	00:05:37	00:55:35	00:05:34		CAMBRE
224	604	CAROLINA PÉREZ BALBONTÍN	F- 44	MST2F- 17	00:56:02	00:05:37	00:55:50	00:05:35		CORUÑA (A)
225	410	XOAN CARLOS MIRA LIÑEIRO		MST3M- 34	00:56:03	00:05:37	00:55:37	00:05:34	NOSPORTLIMIT	CAMBRE
226	85	ROSANA RIAL	F- 45	MST2F- 18	00:56:18	00:05:38	00:55:59	00:05:36	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	NOIA
227	86	JOSÉ RIAL PAIS		MST4M- 14	00:56:18	00:05:38	00:55:59	00:05:36	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	NOIA
228	521	M. GUADALUPE QUEIJO BELLO	F- 46	MST2F- 19	00:56:32	00:05:40	00:56:22	00:05:39		CARBALLO
229	520	DIANA QUEIJO BELLO	F- 47	MST2F- 20	00:56:32	00:05:40	00:56:23	00:05:39		CARBALLO
230	248	FATIMA BERMUDEZ CARRETERO	F- 48	SUB20F- 1	00:56:38	00:05:40	00:56:16	00:05:38		CORUÑA (A)
231	28	OLGA POSE CHOUCIÑO	F- 49	MST2F- 21	00:56:51	00:05:42	00:56:22	00:05:39	A. PRINCESA RETT	PONTECESO
232	402	SUSANA PARGUIÑA FERNANDEZ	F- 50	MST3F- 5	00:56:52	00:05:42	00:56:22	00:05:39	C.D.EGOVARRROS-VIVEIRO	CORUÑA (A)
233	405	ROCÍO ALFONSO PITA	F- 51	MST2F- 22	00:56:52	00:05:42	00:56:22	00:05:39	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
234	196	NATALIA GRANDE ESCOBEDO	F- 52	MST1F- 12	00:57:13	00:05:44	00:56:47	00:05:41		LUGO
235	313	JOSÉ ANTONIO CANCELATA MATO		MST1M- 33	00:57:15	00:05:44	00:56:56	00:05:42	MALLADORES TEAM	TEO
236	301	SARA DÍAZ MOSQUEIRA	F- 53	SNF- 11	00:57:31	00:05:46	00:57:05	00:05:43	A.D. MEDIADUCIA	CARBALLO
237	316	LUCÍA VAZQUEZ	F- 54	MST2F- 23	00:57:38	00:05:46	00:57:18	00:05:44	NOSPORTLIMIT	CULLEREDO
238	321	PAULA ABEIJÓN CASTRO	F- 55	SNF- 12	00:57:40	00:05:46	00:57:26	00:05:45		NOIA
239	347	FÁTIMA MEJUTO DE LAS HERAS	F- 56	SNF- 13	00:57:46	00:05:47	00:57:23	00:05:45		CEE
240	164	CARLOS BERMUDEZ BARREIRO		MST3M- 35	00:57:48	00:05:47	00:57:26	00:05:45		CORUÑA (A)
241	419	ROBERTO FIGUEROA SUÁREZ		MST3M- 36	00:57:57	00:05:48	00:57:40	00:05:46		ARTEIXO
242	39	XOANA MÉNDEZ GONZÁLEZ	F- 57	SUB20F- 2	00:57:59	00:05:48	00:57:47	00:05:47	ADAS CUPA	BOIRO
243	20	SOLE YEBRA FUENTES	F- 58	MST3F- 6	00:58:05	00:05:49	00:57:57	00:05:48	ATLETISMO TELENO	ASTORGA
244	89	CAROLINA GONZÁLEZ GARCÍA	F- 59	MST2F- 24	00:58:16	00:05:50	00:58:04	00:05:49	CLUB ATLETISMO SAR	BOIRO
245	513	RAQUEL GÓMEZ COSTOYA	F- 60	MST2F- 25	00:58:31	00:05:52	00:58:20	00:05:50		COLES
246	216	JESUS PEREZ LEIS		MST4M- 15	00:58:32	00:05:52	00:58:18	00:05:50		CEE
247	49	BÁRBARA CASTRO VÁZQUEZ	F- 61	MST2F- 26	00:59:11	00:05:56	00:58:56	00:05:54	ASOCIACIÓN DEPORTIVA OLIMPIA	CARBALLO
248	337	JUAN ANTONIO FERRO RODRÍGUEZ		MST3M- 37	00:59:17	00:05:56	00:59:04	00:05:55		CULLEREDO
249	240	MANUEL VARELA GARCIA		MST2M- 69	00:59:31	00:05:58	00:59:31	00:05:58		ARTEIXO
250	195	MANUEL GONZALEZ PEREIRA		MST4M- 16	00:59:42	00:05:59	00:59:10	00:05:55		ARTEIXO
251	109	JAVIER FERNÁNDEZ FRAGA		MST4M- 17	00:59:42	00:05:59	00:59:18	00:05:56	CLUBE ATLETISMO BOIMORTO	ARTEIXO
252	191	MARTA GARCÍA MARTÍNEZ	F- 62	MST1F- 13	01:00:00	00:06:00	00:59:43	00:05:59		MIÑO
253	50	SILVIA FERNANDEZ	F- 63	MST2F- 27	01:00:06	00:06:01	00:59:50	00:05:59	ASOCIACIÓN DEPORTIVA OLIMPIA	FISTERRA
254	43	AMELIA ANDRADE LAGO	F- 64	MST4F- 3	01:00:07	00:06:01	00:59:52	00:06:00	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
255	407	JOSE LUIS LÓPEZ RODRIGUEZ		MST3M- 38	01:00:31	00:06:04	01:00:01	00:06:01	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO

256	65	JOSE VARELA VERDES		MST2M- 70	01:00:41	00:06:05	01:00:15	00:06:02	BEER RUNNERS CORUÑA	CORUÑA (A)
257	503	BLANCA RODRÍGUEZ TORRES	F- 65	SNF- 14	01:00:44	00:06:05	01:00:23	00:06:03	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	PONTEVEDRA
258	408	YOLANDA GONZÁLEZ VILLAR	F- 66	MST2F- 28	01:00:44	00:06:05	01:00:23	00:06:03	CLUBE ATLETISMO OUTES - JOHN TURKEY	BRIÓN
259	501	RICARDO JULIO RODRÍGUEZ FERNÁNDEZ		MST3M- 39	01:00:44	00:06:05	01:00:25	00:06:03	CAO (CLUB DE ATLETISMO DE OUTES)	BRIÓN
260	77	ANA VÁZQUEZ FERNÁNDEZ	F- 67	MST3F- 7	01:01:20	00:06:08	01:01:07	00:06:07	CLUB ATLETISMO O PINO	AMES
261	421	BELEN IGUAL DE CASTRO	F- 68	MST2F- 29	01:01:26	00:06:09	01:01:14	00:06:08		CORUÑA (A)
262	308	SILVIA BADA MOREIRA	F- 69	MST2F- 30	01:01:35	00:06:10	01:01:19	00:06:08	ENTRENARUNNING	SANTIAGO DE COMPOSTELA
263	428	ALBA PÉREZ SUÁREZ	F- 70	SNF- 15	01:02:18	00:06:14	01:02:10	00:06:13		CARBALLO
264	97	KARINA CAPELO VILAR	F- 71	MST1F- 14	01:02:40	00:06:16	01:02:17	00:06:14	CLUB CORREXALLAS	SANTA COMBA
265	102	MARTA PUENTE ANTELO	F- 72	MST1F- 15	01:02:40	00:06:16	01:02:17	00:06:14	CLUB CORREXALLAS	SANTA COMBA
266	100	ROCIO LOPEZ TEMES	F- 73	MST2F- 31	01:03:08	00:06:19	01:02:28	00:06:15	CLUB CORREXALLAS	SANTA COMBA
267	126	SUSANA BUJAN OTERO	F- 74	MST3F- 8	01:03:20	00:06:20	01:03:05	00:06:19	NOITEBRA FC	SANTIAGO DE COMPOSTELA
268	104	DAVID VARGAS DOPICO		MST2M- 71	01:03:28	00:06:21	01:03:05	00:06:19	CLUB CORREXALLAS	ZAS
269	522	PATRICIA QUINTÁNS SUÁREZ	F- 75	MST2F- 32	01:05:02	00:06:31	01:04:35	00:06:28		NEGREIRA
270	332	PAULA CASTRO SENRA	F- 76	MST1F- 16	01:05:04	00:06:31	01:04:37	00:06:28		CEE
271	342	JOSE RAMON INSUA BARRIENTOS		MST3M- 40	01:05:31	00:06:34	01:05:08	00:06:31		ZAS
272	57	LUCÍA SUÁREZ RODRÍGUEZ	F- 77	SUB23F- 1	01:06:16	00:06:38	01:06:00	00:06:36	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
273	514	SABELA GOMEZ FERNANDEZ	F- 78	SNF- 16	01:06:55	00:06:42	01:06:25	00:06:39		CERVANTES
274	523	SARA REY PÉREZ	F- 79	SNF- 17	01:06:55	00:06:42	01:06:25	00:06:39		CAMARIÑAS
275	530	ELVIRA TRESGUERRAS GONZÁLEZ	F- 80	MST4F- 4	01:07:09	00:06:43	01:07:01	00:06:43	CLUB ATLETISMO SAR	AMES
276	125	LUCÍA ANSEDES DOMÍNGUEZ	F- 81	MST3F- 9	01:07:35	00:06:46	01:07:11	00:06:44	NOITEBRA FC	SANTIAGO DE COMPOSTELA
277	334	ÉRICA DOMÍNGUEZ PAIS	F- 82	SNF- 18	01:07:52	00:06:48	01:07:47	00:06:47		DUMBRÍA
278	418	JOSE ANTONIO DIAZ GONZALEZ		SNM- 28	01:07:55	00:06:48	01:07:55	00:06:48		DUMBRÍA
279	213	NURIA PÉREZ ESPASANDÍN	F- 83	SNF- 19	01:08:04	00:06:49	01:07:34	00:06:46		VIMIANZO
280	329	BARBARA CAROLI TREZZA	F- 84	MST1F- 17	01:08:40	00:06:52	01:08:27	00:06:51		NEGREIRA
281	414	JESUS BERNAL GOMEZ		MST4M- 18	01:15:43	00:07:35	01:15:43	00:07:35		FERROL
Desc	113	LUIS FERREIRO AGRA		SNM-Desc	00:55:22	00:05:33	00:55:08	00:05:31	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
Desc	406	INÉS LÓPEZ ALFONSO	F-Desc	MST4F-Desc	00:49:03	00:04:55	00:48:35	00:04:52	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
Desc	358	SERGIO JOSÉ ROSENDE RODRÍGUEZ		MST2M-Desc	00:51:26	00:05:09	00:51:08	00:05:07		CARBALLO
Desc	133	JOSE MANUEL TOME SUAREZ		MST1M-Desc	00:36:54	00:03:42	00:36:50	00:03:41	NOSPORTLIMIT	ZAS
Desc	424	ENRIQUE LUACES PAZ		MST1M-Desc	00:44:19	00:04:26	00:44:06	00:04:25		CEE
Desc	401	MARCO FERREIRO OTERO		MST2M-Desc	00:40:20	00:04:02	00:40:17	00:04:02	BTTEIROS COVA DA SERPE	GUITIRIZ

2:31:28 del 10/03/2025

### XIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 09/03/2025

3K. Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1001	ANXO LADO LOPEZ		ABSM- 1	00:09:13	00:03:05		ASOCIACIÓN DEPORTIVA OLIMPIA	VIMIANZO
2	1402	ALBERTO RIVEIRO LAMPON		ABSM- 2	00:09:24	00:03:08		CLUB ATLETISMO SAR	RIBEIRA
3	1002	DAMIÁN ÁLVAREZ TAJES		ABSM- 3	00:09:53	00:03:18	47404384	TERRA DE SONEIRA C.D.	VIMIANZO
4	1060	NICOLAS IGLESIAS LOPEZ		ABSM- 4	00:10:13	00:03:25		TERRA DE SONEIRA C.D.	FISTERRA
5	1052	LUIS MIGUEL FEITO MIRÁS		ABSM- 5	00:10:31	00:03:31		ENTRENARUNNING	AMES
6	1302	IAGO CASTRO VARELA		ABSM- 6	00:10:41	00:03:34		AECR	CAMBRE
7	1114	BRAIS MOUZO CARRIL		ABSM- 7	00:10:56	00:03:39			CAMARIÑAS
8	1065	JUAN JOSE OTERO RAMA		ABSM- 8	00:11:11	00:03:44		TRIKI TEAM	MUROS
9	1003	PABLO MIRA PÉREZ		ABSM- 9	00:11:15	00:03:45		TERRA DE SONEIRA C.D.	ZAS
10	1028	JESUS MANUEL ROMAR SONEIRA		ABSM- 10	00:11:22	00:03:48		ABELLARIZA	LAXE
11	1419	KARIM SAADI SELMANE		ABSM- 11	00:11:33	00:03:51			CAMARIÑAS
12	1230	ANDRÉS MOURELLE GARCÍA		ABSM- 12	00:11:39	00:03:53			ZAS
13	1063	JOSÉ VICENTE FORMOSO OTERO		ABSM- 13	00:11:45	00:03:55		TRIKI TEAM	MUROS
14	1004	MANUEL LEIRA SANDA		ABSM- 14	00:11:53	00:03:58		MANOLO	MUXÍA
15	1055	CRISTIAN GONZALEZ MARTINEZ		ABSM- 15	00:11:56	00:03:59		NAUTICO NARON	ARTEIXO
16	1011	EVA FORMOSO RECAREY	F- 1	ABSF- 1	00:11:57	00:03:59		TRIKI TEAM	MUROS
17	1218	CRISTIAN ANTELO MENDEZ		ABSM- 16	00:12:02	00:04:01			ARTEIXO
18	1005	ALEX AYASO PARADA		ABSM- 17	00:12:02	00:04:01		SANTA UXIA ATLETISMO	RIBEIRA
19	1007	JOSE ANTONIO DIAZ GONZALEZ		ABSM- 18	00:12:05	00:04:02			DUMBRÍA
20	1213	CARMEN OTERO FERNANDEZ	F- 2	ABSF- 2	00:12:25	00:04:09		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
21	1212	ANDREA CORES CANCELA	F- 3	ABSF- 3	00:12:28	00:04:10		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
22	1012	TERESA CASTRO VILLVERDE	F- 4	ABSF- 4	00:12:35	00:04:12			VIMIANZO
23	1102	ANTÓN LESTÓN LAGO		ABSM- 19	00:12:36	00:04:12			CORCUBIÓN
24	1404	JHONATAN CASAS COUSILLAS		ABSM- 20	00:12:47	00:04:16			CABANA DE BERGANTIÑOS
25	1047	SANTIAGO FERNÁNDEZ RIAL		ABSM- 21	00:12:49	00:04:17		CLUBE DE ATLETISMO SERRES RUNNERS	SANTIAGO DE COMPOSTELA
26	1013	LORETO SAMBADE LESTÓN	F- 5	ABSF- 5	00:12:53	00:04:18		TRIKI TEAM	MUROS
27	1120	VICTOR PEREIRA BELLO		ABSM- 22	00:12:57	00:04:19			CORUÑA (A)
28	1222	JULIÁN GESTO LAGO		ABSM- 23	00:12:58	00:04:20			BERGONDO
29	1079	ALBERTO CARRIL VIDAL		ABSM- 24	00:13:05	00:04:22			CAMARIÑAS
30	1426	BRYAN ANDREA VIDAL		ABSM- 25	00:13:06	00:04:22			VIMIANZO
31	1205	ALMUDENA LÓPEZ SERANTES	F- 6	ABSF- 6	00:13:08	00:04:23		CLUB ATLÉTICO BERGONDO	BERGONDO
32	1068	ANA ALVITE BARCA	F- 7	ABSF- 7	00:13:10	00:04:24			SANTIAGO DE COMPOSTELA
33	1202	MARCIAL MOURELLE RIAL		ABSM- 26	00:13:11	00:04:24		ABELLARIZA	CABANA DE BERGANTIÑOS
34	1117	ADRIÁN OZÓN GONZÁLEZ		ABSM- 27	00:13:11	00:04:24			CEE
35	1057	MATIAS BENITO ARRIBAS		ABSM- 28	00:13:18	00:04:26		SD COMPOSTELA ATLETISMO	FISTERRA
36	1008	JUAN JOSÉ FERNANDEZ CARBALLO		ABSM- 29	00:13:21	00:04:27			VIMIANZO
37	1074	DARÍO CAAMAÑO CAAMAÑO		ABSM- 30	00:13:29	00:04:30			VIMIANZO
38	1241	MARTINA GARCIA TRABA	F- 8	ABSF- 8	00:13:36	00:04:32		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
39	1009	MANUEL ANGEL BLANCO CASTRO		ABSM- 31	00:13:47	00:04:36		ABELLARIZA	CABANA DE BERGANTIÑOS
40	1428	SANTIAGO SALGUEIROS BOUZÓN		ABSM- 32	00:13:48	00:04:36		DAFIT	MUXÍA
41	1027	JOSE MARIA RELLAN LEMA		ABSM- 33	00:13:50	00:04:37		ABELLARIZA	CABANA DE BERGANTIÑOS
42	1016	ROCÍO RIVEIRO PAZOS	F- 9	ABSF- 9	00:13:50	00:04:37			MUXÍA
43	1010	RAMIRO PEREIRA BLANCO		ABSM- 34	00:13:53	00:04:38			VIMIANZO
44	1080	SERGIO CASAL FIGUEROA		ABSM- 35	00:14:01	00:04:41			MALPICA DE BERGANTIÑOS
45	1072	JESÚS MANUEL BLANCO GONZALEZ		ABSM- 36	00:14:02	00:04:41			DUMBRÍA
46	1076	ALEXIA CAMBRE VENTURA	F- 10	ABSF- 10	00:14:04	00:04:42			CARBALLO
47	1412	DANIEL LUACES CASTRO		ABSM- 37	00:14:10	00:04:44			CAMARIÑAS
48	1078	MANUEL CARREIRA DIAZ		ABSM- 38	00:14:13	00:04:45			CEE
49	1215	JAVIER BERMÚDEZ CASTIÑEIRA		ABSM- 39	00:14:18	00:04:46		TERRA DE SONEIRA C.D.	VIMIANZO
50	1024	MANUEL ESTEBAN LEMA PEREZ		ABSM- 40	00:14:21	00:04:47		ABELLARIZA	CABANA DE BERGANTIÑOS
51	1018	ERUNDINA POSE FARIÑA	F- 11	ABSF- 11	00:14:21	00:04:47		ABELLARIZA	CABANA DE BERGANTIÑOS
52	1017	ÁNGELA BARBEIRA	F- 12	ABSF- 12	00:14:23	00:04:48		CLUB CORREXALLAS	SANTA COMBA

53	1413	DIEGO MARTÍNEZ		ABSM- 41	00:14:28	00:04:50		MUXÍA
54	1067	JULIÁN RAMOS ARCOS		ABSM- 42	00:14:33	00:04:51	TRIKITEAM	MUROS
55	1014	MANUELA LESTÓN VARA	F- 13	ABSF- 13	00:14:35	00:04:52	TRIKI TEAM	MUROS
56	1407	GUSTAVO COUTO RODRÍGUEZ		ABSM- 43	00:14:36	00:04:52		SANTIAGO DE COMPOSTELA
57	1303	MARTÍN ABELENDA LÓPEZ		ABSM- 44	00:14:37	00:04:53		SANTIAGO DE COMPOSTELA
58	1229	SERGIO MIÑONES OANES		ABSM- 45	00:14:44	00:04:55		VIMIANZO
59	1128	JOSE REY CAMIÑO		ABSM- 46	00:14:50	00:04:57		VIMIANZO
60	1082	AITANA CASTIÑEIRA DE LEÓN	F- 14	ABSF- 14	00:14:53	00:04:58		VIMIANZO
61	1226	ALBERTO LAGO FERREIRA		ABSM- 47	00:14:54	00:04:58		MUROS
62	1121	IVÁN PEREIRA RODRÍGUEZ		ABSM- 48	00:14:55	00:04:59		CEE
63	1099	JOSÉ MANUEL LEMA GONTAD		ABSM- 49	00:14:59	00:05:00		PONTECESO
64	1030	DAVID AMADO ESPASANDIN		ABSM- 50	00:15:08	00:05:03	AD MONTEBRONDO	ZAS
65	1211	NATALIA SOLÍS POSE	F- 15	ABSF- 15	00:15:19	00:05:07	MALLADORES TEAM	
66	1026	BRAIS RELLAN CUNDINS		ABSM- 51	00:15:20	00:05:07	ABELLARIZA	CABANA DE BERGANTIÑOS
67	1022	MIGUEL AMADO SUAREZ		ABSM- 52	00:15:20	00:05:07	ABELLARIZA	PONTECESO
68	1050	ANGEL OZON LAGO		ABSM- 53	00:15:22	00:05:08	DAFIT	CEE
69	1115	MARIA ADRIANA OTERO FERNÁNDEZ	F- 16	ABSF- 16	00:15:38	00:05:13		CORCUBIÓN
70	1427	PAULA OANES VIDAL	F- 17	ABSF- 17	00:15:44	00:05:15	TERRA DE SONEIRA C.D.	VIMIANZO
71	1225	TOMAS JOSE LAGO CAAMAÑO		ABSM- 54	00:15:58	00:05:20		CEE
72	1234	SERGIO RODRÍGUEZ DIAZ		ABSM- 55	00:15:59	00:05:20		VIMIANZO
73	1414	ANA MÉNDEZ MARIÑO	F- 18	ABSF- 18	00:16:01	00:05:21		CABANA DE BERGANTIÑOS
74	1233	CARMEN RAMÍREZ ARAUJO	F- 19	ABSF- 19	00:16:02	00:05:21		CARBALLO
75	1223	CARLOS GOMEZ FERNANDEZ		ABSM- 56	00:16:03	00:05:21		VIMIANZO
76	1305	YOLANDA BLANCO PEREIRO	F- 20	ABSF- 20	00:16:03	00:05:21		VIMIANZO
77	1075	MÓNICA CAMBEIRO BUITURÓN	F- 21	ABSF- 21	00:16:04	00:05:22		CEE
78	1228	ROCIO MENDEZ BELLO	F- 22	ABSF- 22	00:16:07	00:05:23		MUXÍA
79	1132	IRIA RODRÍGUEZ ROMAR	F- 23	ABSF- 23	00:16:10	00:05:24		CEE
80	1203	ANDREA DANS SIMIL	F- 24	ABSF- 24	00:16:13	00:05:25	AECR RUNNING CLUB	CORUÑA (A)
81	1405	MARGARITA CASTIÑEIRA POSE	F- 25	ABSF- 25	00:16:14	00:05:25		ZAS
82	1401	ÁNGELES SALMONTE VARELA	F- 26	ABSF- 26	00:16:18	00:05:26	CLUB ATLETISMO O PINO	PINO (O)
83	1208	INÉS NAVEROS	F- 27	ABSF- 27	00:16:22	00:05:28	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
84	1053	MARIAFE NOVOA ESPASANDIN	F- 28	ABSF- 28	00:16:26	00:05:29	FURANCHO DEPORTIVO	VIMIANZO
85	1059	MARIA JOSEFA FORMOSO FERNÁNDEZ	F- 29	ABSF- 29	00:16:27	00:05:29	SERRES RUNNERS	CARNOTA
86	1036	ALBERTO IGLESIAS BEIRAS		ABSM- 57	00:16:31	00:05:31	CLUB ATLETISMO NOIA	BRIÓN
87	1207	SAMANTHA REGINA LEMA PAES	F- 30	ABSF- 30	00:16:32	00:05:31	CLUB CORREXALLAS	CARBALLO
88	1206	DAVID BARBEIRA		ABSM- 58	00:16:32	00:05:31	CLUB CORREXALLAS	CARBALLO
89	1106	SAMUEL LÓPEZ LÓPEZ		ABSM- 59	00:16:36	00:05:32		DUMBRÍA
90	1209	SILVIA BELLO NIETO	F- 31	ABSF- 31	00:16:41	00:05:34	MALLADORES TEAM	BAÑA (A)
91	1210	CELESTINO RODRIGUEZ MARIÑO		ABSM- 60	00:16:41	00:05:34	MALLADORES TEAM	SANTIAGO DE COMPOSTELA
92	1034	GUADALUPE LEMA CAAMAÑO	F- 32	ABSF- 32	00:16:46	00:05:36	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
93	1049	PACUCHS TAJES FERNANDEZ	F- 33	ABSF- 33	00:16:50	00:05:37	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
94	1134	ALBERTO SUÁREZ SUREDA		ABSM- 61	00:16:53	00:05:38		CEE
95	1122	JOSE ANTONIO PEREZ LOPEZ		ABSM- 62	00:16:55	00:05:39		CEE
96	1224	PATRICIA GONZÁLEZ AGUIÓN	F- 34	ABSF- 34	00:16:59	00:05:40		CORUÑA (A)
97	1039	ALICIA GARRIDO DEL RIO	F- 35	ABSF- 35	00:17:02	00:05:41	CLUB CORREXALLAS	SANTA COMBA
98	1038	JUAN CUNDINS VALINA		ABSM- 63	00:17:02	00:05:41	CLUB CORREXALLAS	LAXE
99	1239	ANDREA TEJEIRA SAN-MARTÍN	F- 36	ABSF- 36	00:17:03	00:05:41		PORRIÑO (O)
100	1040	MARÍA DO MAR HERMIDA PICO	F- 37	ABSF- 37	00:17:04	00:05:42	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)
101	1023	MONICA INSUA DIAZ	F- 38	ABSF- 38	00:17:04	00:05:42	ABELLARIZA	CABANA DE BERGANTIÑOS
102	1095	JUAN IGLESIAS TRILLO		ABSM- 64	00:17:05	00:05:42		CEE
103	1083	MARIA TERESA CASTIÑEIRA TOURIÑAN	F- 39	ABSF- 39	00:17:11	00:05:44		CEE
104	1058	TINA FERNANDEZ FORMOSO	F- 40	ABSF- 40	00:17:11	00:05:44	SERRES RUNNERS	MUROS
105	1214	ANA ANTELO QUINTANS	F- 41	ABSF- 41	00:17:12	00:05:44	TERRA DE SONEIRA C.D.	VIMIANZO
106	1081	HECTOR JOSE CASTIÑEIRA BELANDRIA		ABSM- 65	00:17:14	00:05:45		CEE
107	1032	MARÍA ANDRADE LAGO	F- 42	ABSF- 42	00:17:17	00:05:46	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
108	1410	JUDITH INSUA	F- 43	ABSF- 43	00:17:19	00:05:47		VIMIANZO
109	1417	YULIA RODRIGUEZ MARTINEZ	F- 44	ABSF- 44	00:17:19	00:05:47		CAMARIÑAS

110	1048	MARÍA DOLORES SENDÓN VÁZQUEZ	F- 45	ABSF- 45	00:17:20	00:05:47	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
111	1415	VANESSA MIRA ESPASANDÍN	F- 46	ABSF- 46	00:17:25	00:05:49		VIMIANZO
112	1096	JUAN INSUA LAGO		ABSM- 66	00:17:28	00:05:50		CEE
113	1066	MARÍA ISABEL RECARAY NEGREIRA	F- 47	ABSF- 47	00:17:32	00:05:51	TRIKI TEAM	MUROS
114	1109	DANIEL MARTINEZ OREIRO		ABSM- 67	00:17:36	00:05:52		CORUÑA (A)
115	1035	ADRIAN VAZQUEZ RODRIGUEZ		ABSM- 68	00:17:38	00:05:53	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
116	1409	LORENA EDREIRA	F- 48	ABSF- 48	00:17:38	00:05:53		CARBALLO
117	1411	ANABEL LEMA CHANS	F- 49	ABSF- 49	00:17:39	00:05:53		CAMARIÑAS
118	1129	ALBA RODRÍGUEZ PAZ	F- 50	ABSF- 50	00:17:43	00:05:55		CARNOTA
119	1235	PAULA RODRÍGUEZ OTERO	F- 51	ABSF- 51	00:17:46	00:05:56		MAZARICOS
120	1425	MARI CARMEN VAZQUEZ RIVERA	F- 52	ABSF- 52	00:17:47	00:05:56	ABELLARIZA	PONTECESO
121	1242	NURIA BLANCO IGLESIAS	F- 53	ABSF- 53	00:17:49	00:05:57	MALLADORES TEAM	BAÑA (A)
122	1216	IRENE ALLO PEROL	F- 54	ABSF- 54	00:17:55	00:05:59		TEO
123	1041	NATA LODEIRO MOSQUERA	F- 55	ABSF- 55	00:17:57	00:05:59	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)
124	1238	PAULA SÁNCHEZ AGULLEIRO	F- 56	ABSF- 56	00:17:58	00:06:00		DUMBRÍA
125	1092	BEATRIZ FUENTES CASTIÑEIRA	F- 57	ABSF- 57	00:17:59	00:06:00		ZAS
126	1033	JESICA COIRADAS CAAMAÑO	F- 58	ABSF- 58	00:18:04	00:06:02	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
127	1416	BEATRIZ RECARAY VALIÑA	F- 59	ABSF- 59	00:18:09	00:06:03		CARBALLO
128	1424	ADRIAN VAZQUEZ RODRIGUEZ		ABSM- 69	00:18:15	00:06:05	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
129	1025	MARGARITA MARTELO LEMA	F- 60	ABSF- 60	00:18:16	00:06:06	ABELLARIZA	CABANA DE BERGANTIÑOS
130	1071	ADRIANA ANTELO	F- 61	ABSF- 61	00:18:17	00:06:06		VIMIANZO
131	1219	ANTONIO CARBALLO RODRÍGUEZ		ABSM- 70	00:18:28	00:06:10		VIMIANZO
132	1113	CRISTINA MIRANDA CAAMAÑO	F- 62	ABSF- 62	00:18:28	00:06:10		VIMIANZO
133	1089	JULIO ESPASANDIN		ABSM- 71	00:18:29	00:06:10		ZAS
134	1090	RAQUEL FERREIRO DUARTE	F- 63	ABSF- 63	00:18:31	00:06:11		ZAS
135	1119	BEATRIZ PAZOS NIMO	F- 64	ABSF- 64	00:19:00	00:06:20		VIMIANZO
136	1240	JANIE ZIMMERMANN	F- 65	ABSF- 65	00:19:17	00:06:26		LAXE
137	1088	MARIA COUTO PEREIRA	F- 66	ABSF- 66	00:19:17	00:06:26		CORUÑA (A)
138	1418	UXIA RODRIGUEZ-TRELLES ASTRUGA	F- 67	ABSF- 67	00:19:20	00:06:27		CAMBRE
139	1232	MARÍA JOSÉ POSE PÉREZ	F- 68	ABSF- 68	00:19:23	00:06:28		VIMIANZO
140	1131	ANDREA RODRÍGUEZ ROMAR	F- 69	ABSF- 69	00:19:46	00:06:36		CAMARIÑAS
141	1086	JAVIER CIVES OUTES		ABSM- 72	00:20:02	00:06:41		CEE
142	1021	NURIA CODONCHA MORAN	F- 70	ABSF- 70	00:20:11	00:06:44	A.D.MEDIADUCIA	CARBALLO
143	1304	JESUS BERNAL GOMEZ		ABSM- 73	00:20:37	00:06:53		FERROL
144	1118	LORENA PARADA FERNANDEZ	F- 71	ABSF- 71	00:20:49	00:06:57		RIBEIRA
145	1135	PILI TURNES BLANCO	F- 72	ABSF- 72	00:20:50	00:06:57		BRIÓN
146	1085	CARMEN MARÍA CASTRO CASÁS	F- 73	ABSF- 73	00:20:51	00:06:57		LARACHA (A)
147	1108	ANA MARÍA MARTÍNEZ GARCÍA	F- 74	ABSF- 74	00:21:22	00:07:08		CEE
148	1422	GABRIELA VIDAL	F- 75	ABSF- 75	00:21:53	00:07:18		CORUÑA (A)
149	1104	BELEN LIÑEIRO CASTIÑEIRA	F- 76	ABSF- 76	00:21:54	00:07:18		MUXÍA
150	1136	MANUEL VARELA GARCIA		ABSM- 74	00:22:06	00:07:22		ARTEIXO
151	1130	MARIA ISABEL RODRÍGUEZ PIÑERO	F- 77	ABSF- 77	00:23:24	00:07:48		CARNOTA
152	1110	MARÍA PAZ MARTÍNEZ SANTIAGO	F- 78	ABSF- 78	00:23:43	00:07:55		CARNOTA
153	1105	JAVIER LIRES CALO		ABSM- 75	00:23:56	00:07:59		VIMIANZO
154	1137	IVANNA VIDAL DOMÍNGUEZ	F- 79	ABSF- 79	00:23:56	00:07:59		VIMIANZO
155	1006	SUSO MÉNDEZ SUÁREZ		ABSM- 76	00:28:50	00:09:37	A. PRINCESA RETT	PONTECESO
156	1201	NOELIA GARRIDO CERDEIRO	F- 80	ABSF- 80	00:28:50	00:09:37	A. PRINCESA RETT	PONTECESO



### XIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 09/03/2025

SUB 14 / SUB 16 / SUB 18. Distancia: 3.000 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	Licencia	Club	Localidad
1	2039	IAGO MATEOS CALVIÑO		SUB18M- 1	00:10:03	00:03:21		SD COMPOSTELA ATLETISMO	OROSO
2	2301	ADRIÁN FUENTEFRIA FERNANDEZ		SUB16M- 1	00:10:09	00:03:23		A.D. FOGAR	CARBALLO
3	2020	SANDRO QUINTANS LOPEZ		SUB16M- 2	00:10:44	00:03:35		ATLETISMO CORUÑA COMARCA	ARTEIXO
4	2019	XABI CAMBA VÁZQUEZ		SUB16M- 3	00:10:48	00:03:36		ATLETISMO CORUÑA COMARCA	CULLEREDO
5	2027	MARCOS BARCALA LÓPEZ		SUB16M- 4	00:10:49	00:03:37		CLUB ATLETISMO TAMBRE	OROSO
6	2030	XOEL OTERO RIAL		SUB16M- 5	00:11:06	00:03:42		CLUB ATLETISMO TAMBRE	PINO (O)
7	2018	MATEO VÁZQUEZ TRILLO		SUB16M- 6	00:11:10	00:03:44		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
8	2034	DANIEL GIANZO GONZALEZ		SUB14M- 1	00:11:29	00:03:50		CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
9	2102	DANIEL AMBITE SANTANA		SUB18M- 2	00:11:50	00:03:57			CAMBRE
10	2205	CRISTIAN GESTO LÓPEZ		SUB18M- 3	00:12:06	00:04:02		CLUB ATLÉTICO BERGONDO	BERGONDO
11	2057	CARLA SUÁREZ SUÁREZ	F- 1	SUB14F- 1	00:12:10	00:04:04			RIBEIRA
12	2103	DIEGO AMBITE SANTANA		SUB16M- 7	00:12:10	00:04:04			CAMBRE
13	2035	DIEGO GÓMEZ GONZÁLEZ		SUB16M- 8	00:12:30	00:04:10		CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
14	2202	MARTÍN CID REBOLLO		SUB14M- 2	00:12:32	00:04:11		A.D. FOGAR	OLEIROS
15	2001	ANA ÉZARA ANDRADE	F- 2	SUB16F- 1	00:12:32	00:04:11		A.D. FOGAR	CORISTANCO
16	2206	NOA VALES BOQUETE	F- 3	SUB14F- 2	00:12:33	00:04:11		CLUB ATLETISMO NEGREIRA	NEGREIRA
17	2013	GAEL LAMAS RAMOS		SUB14M- 3	00:12:41	00:04:14		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
18	2208	NAIARA AGUIAR NOCEDA	F- 4	SUB18F- 1	00:12:58	00:04:20		CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
19	2006	YOEL CAAMAÑO CEIDE		SUB14M- 4	00:13:19	00:04:27		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
20	2031	ADRIANA RODRÍGUEZ GONZÁLEZ	F- 5	SUB16F- 2	00:13:28	00:04:30		CLUB ATLETISMO TAMBRE	OROSO
21	2101	XOEL LIRES VIDAL		SUB14M- 5	00:13:36	00:04:32		ASOCIACIÓN DEPORTIVA OLIMPIA	VIMIANZO
22	2059	BREOGÁN TIRADO LAGE		SUB16M- 9	00:13:38	00:04:33			LAXE
23	2203	GAEL PRIETO RAMOS		SUB14M- 6	00:13:39	00:04:33		ASOCIACIÓN DEPORTIVA OLIMPIA	CAMARIÑAS
24	2023	ARIANA IGLESIAS TURNES	F- 6	SUB16F- 3	00:13:44	00:04:35		CLUB ATLETISMO NOIA	BRIÓN
25	2008	HELENA CANOSA DURÁN	F- 7	SUB16F- 4	00:13:47	00:04:36		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
26	2302	VALERIA VIGUERET BERMUDEZ	F- 8	SUB14F- 3	00:13:51	00:04:37			CABANA DE BERGANTIÑOS
27	2053	UNAY LEMA MARTÍNEZ		SUB14M- 7	00:13:52	00:04:38			VIMIANZO
28	2005	NOA ATÁN MOLEDO	F- 9	SUB16F- 5	00:14:15	00:04:45		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
29	2048	JOSE CANOSA RODRÍGUEZ		SUB14M- 8	00:14:20	00:04:47			CEE
30	2210	HUGO MENDEZ JOSE		SUB16M- 10	00:15:04	00:05:02			CAMARIÑAS
31	2055	MIGUEL ÁNGEL ROCHA MORATE		SUB16M- 11	00:15:05	00:05:02			CAMARIÑAS
32	2015	MAH ROMERO ÁLVAREZ	F- 10	SUB14F- 4	00:15:11	00:05:04		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
33	2010	SARA FERNÁNDEZ VÁZQUEZ	F- 11	SUB18F- 2	00:15:24	00:05:08		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
34	2204	CLARA VÁZQUEZ CASTRO	F- 12	SUB16F- 6	00:15:25	00:05:09		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
35	2032	A SELA ALARCON	F- 13	SUB18F- 3	00:15:31	00:05:11		CLUB OLÍMPICO DE VEDRA	CEE
36	2009	PABLO CASAS LADO		SUB16M- 12	00:15:48	00:05:16		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE

37	2028	ENMA CAMPELO MALLO	F- 14	SUB16F- 7	00:16:16	00:05:26	CLUB ATLETISMO TAMBRE	OROSO
38	2213	KELLY ZIMMERMANN	F- 15	SUB14F- 5	00:16:17	00:05:26		LAXE
39	2012	ALONSO LAGO MARTINEZ		SUB16M- 13	00:16:17	00:05:26	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
40	2036	LÚA LAGO LAGO	F- 16	SUB14F- 6	00:16:43	00:05:35	O JERREIRO	MUROS
41	2016	BERTA SÁNCHEZ SANZ	F- 17	SUB14F- 7	00:16:47	00:05:36	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
42	2007	MARÍA CALO CASTRO	F- 18	SUB14F- 8	00:16:53	00:05:38	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
43	2017	NOA TRABA DOMINGUEZ	F- 19	SUB14F- 9	00:16:53	00:05:38	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
44	2201	NOA MÉNDEZ POSE	F- 20	SUB14F- 10	00:17:01	00:05:41	A. PRINCESA RETT	PONTECESO
45	2040	DIANA SUÁREZ SANTOS	F- 21	SUB14F- 11	00:17:02	00:05:41	TERRA DE SONEIRA C.D.	AMES
46	2209	BELÉN LAGO MARTINEZ	F- 22	SUB14F- 12	00:17:06	00:05:42	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS
47	2003	ADRIÁN BLANCO MARTELO		SUB14M- 9	00:17:06	00:05:42	ABELLARIZA	CABANA DE BERGANTIÑOS
48	2004	LAURA BLANCO MARTELO	F- 23	SUB14F- 13	00:17:45	00:05:55	ABELLARIZA	CABANA DE BERGANTIÑOS
49	2212	BRUNO VARELA GARCIA		SUB16M- 14	00:18:06	00:06:02		ARTEIXO
50	2211	CONSTANZA MUÍÑO FUENTES	F- 24	SUB18F- 4	00:18:08	00:06:03		ZAS
51	2051	MARTINA DEVESA ROMAR	F- 25	SUB18F- 5	00:18:59	00:06:20		CAMARIÑAS
52	2058	AROA TAJES VÁZQUEZ	F- 26	SUB14F- 14	00:19:15	00:06:25		CAMARIÑAS
53	2002	LEO MAFAL TOURÉ LEMA		SUB14M- 10	00:19:47	00:06:36	A.D. FOGAR	MALPICA DE BERGANTIÑOS
54	1	SARA VIEITES FERREIRO	F- 27	SUB18F- 6	00:42:10	00:14:04		CEE

### XIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 09/03/2025

SUB 12. Distancia: 1.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	3021	XIAN MARTÍNEZ ALDARIZ		SUB12M- 1	00:03:46	00:03:46		CLUB ATLETISMO OBRADOIRO	SANTIAGO DE COMPOSTELA
2	3013	ADRIÁN RODRÍGUEZ DOMÍNGUEZ		SUB12M- 2	00:03:49	00:03:49		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
3	3023	ICIA LOPEZ OJEN	F- 1	SUB12F- 1	00:03:50	00:03:50		CLUB ATLETISMO SADA	SADA
4	3033	SARA ROCA CASTRO	F- 2	SUB12F- 2	00:03:51	00:03:51		TEAM ROCA	LAXE
5	3052	ALMA VICENTE MUÑIZ	F- 3	SUB12F- 3	00:03:53	00:03:53			BOIRO
6	3019	ENZO LORENZO ARES		SUB12M- 3	00:03:53	00:03:53		CLUB ATLETISMO NEGREIRA	NEGREIRA
7	3022	AINHOA REBOIRAS BUSTELO	F- 4	SUB12F- 4	00:03:55	00:03:55		CLUB ATLETISMO OBRADOIRO	BRIÓN
8	3028	XOEL MIRÁS NEIRA		SUB12M- 4	00:03:55	00:03:55		CLUB TRIATLÓN COMPOSTELA	TEO
9	3043	MARCOS LISTA OZÓN		SUB12M- 5	00:04:02	00:04:02			DUMBRÍA
10	3030	DANIELA VÁZQUEZ GARCÍA	F- 5	SUB12F- 5	00:04:05	00:04:05		CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
11	3006	CARMEN CANOSA DURÁN	F- 6	SUB12F- 6	00:04:10	00:04:10		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
12	3038	ANTIA CASTRO LÓPEZ	F- 7	SUB12F- 7	00:04:10	00:04:10			MALPICA DE BERGANTIÑOS
13	3015	LUKAS ROMERO ÁLVAREZ		SUB12M- 6	00:04:11	00:04:11		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
14	3012	MARTÍN RIVEIRO ESTEVEZ		SUB12M- 7	00:04:14	00:04:14		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
15	3034	RAÚL ATÁN CRESPO		SUB12M- 8	00:04:16	00:04:16			CARNOTA
16	3050	NICOLÁS ROMAY TOJO		SUB12M- 9	00:04:17	00:04:17			OLEIROS
17	3201	JACOBO OLVEIRA PASANTES		SUB12M- 10	00:04:17	00:04:17		CAMARIÑAS	CAMARIÑAS
18	3032	PAULA ROCA CASTRO	F- 8	SUB12F- 8	00:04:18	00:04:18		TEAM ROCA	LAXE
19	3103	ALEXANDRA VAZQUEZ TORREIRA	F- 9	SUB12F- 9	00:04:21	00:04:21			NEGREIRA
20	3102	SIMÓN MOSTEIRO SECO		SUB12M- 11	00:04:25	00:04:25		CLUB DEPORTIVO INCLUSIVO ENKI	OLEIROS
21	3202	MARTÍN MOREDA QUINTÁNS		SUB12M- 12	00:04:27	00:04:27		CLUB ATLETISMO NEGREIRA	NEGREIRA
22	3011	BRUNO RIVEIRO ESTEVEZ		SUB12M- 13	00:04:31	00:04:31		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
23	3005	SOFÍA CALO CASTRO	F- 10	SUB12F- 10	00:04:35	00:04:35		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
24	3048	LOIS QUINTÍA RODRÍGUEZ		SUB12M- 14	00:04:43	00:04:43			OLEIROS
25	3002	EIRE AREAS CAAMAÑO	F- 11	SUB12F- 11	00:04:45	00:04:45		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
26	3003	VERA ATÁN MOLEDO	F- 12	SUB12F- 12	00:04:47	00:04:47		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
27	3027	JORGE GÓMEZ GONZÁLEZ		SUB12M- 15	00:04:49	00:04:49		CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
28	3204	IVÁN LÓPEZ ALFONSO		SUB12M- 16	00:04:50	00:04:50		CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
29	3203	RODRIGO VIAÑO LOPEZ		SUB12M- 17	00:04:55	00:04:55		CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
30	3046	ENMA QUINTÁNS SUÁREZ	F- 13	SUB12F- 13	00:04:57	00:04:57			NEGREIRA
31	3010	ADRIANA LOURO RODRÍGUEZ	F- 14	SUB12F- 14	00:05:22	00:05:22		ASOCIACIÓN DEPORTIVA OLIMPIA	CARNOTA
32	3047	ARAI QUINTEIRO QUINTELA	F- 15	SUB12F- 15	00:05:28	00:05:28			CEE
33	3042	MARTÍN LEMA TOBA		SUB12M- 18	00:05:32	00:05:32			VIMIANZO
34	3044	XÈNIA MARCH RODRÍGUEZ	F- 16	SUB12F- 16	00:06:01	00:06:01			CAMARIÑAS
35	3104	LEO VIDAL MACÍAS		SUB12M- 19	00:06:22	00:06:22			VIMIANZO
36	3016	ITZIAR TRILLO CAAMAÑO	F- 17	SUB12F- 17	00:06:26	00:06:26		ASOCIACIÓN DEPORTIVA OLIMPIA	MUXÍA
37	3007	UXÍA GUTIÉRREZ LEIS	F- 18	SUB12F- 18	00:06:26	00:06:26		ASOCIACIÓN DEPORTIVA OLIMPIA	DUMBRÍA
38	3001	DANIELA NOVO GARRIDO	F- 19	SUB12F- 19	00:08:55	00:08:55		A. PRINCESA RETT	PONTECESO

### XIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 09/03/2025

SUB 10. Distancia: 1.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	4012	XEILA MATEOS CALVIÑO	F- 1	SUB10F- 1	00:04:25	00:04:25		SD COMPOSTELA ATLETISMO	OROSO
2	4027	LUCAS TRILLO MACEIRAS		SUB10M- 1	00:04:37	00:04:37			DUMBRÍA
3	4006	CELTIA LOPEZ OJEN	F- 2	SUB10F- 2	00:04:38	00:04:38		CLUB ATLETISMO SADA	SADA
4	4017	ERIC LEMA LAGOA		SUB10M- 2	00:04:39	00:04:39			CEE
5	4015	ANXO CASTRO LÓPEZ		SUB10M- 3	00:04:40	00:04:40			MALPICA DE BERGANTIÑOS
6	4201	ROSALÍA CID REBOLLO	F- 3	SUB10F- 3	00:04:43	00:04:43		A.D. FOGAR	OLEIROS
7	4001	LUCA BLANCO NOVOA		SUB10M- 4	00:04:53	00:04:53		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
8	4008	VEGA GIANZO GONZÁLEZ	F- 4	SUB10F- 4	00:04:54	00:04:54		CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA
9	4203	ARTAI LIRES VIDAL		SUB10M- 5	00:04:56	00:04:56			VIMIANZO
10	4202	MARCO INSUA PICON		SUB10M- 6	00:05:01	00:05:01		ABELLARIZA	CABANA DE BERGANTIÑOS
11	4004	BRUNO SANCHEZ SANZ		SUB10M- 7	00:05:04	00:05:04		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
12	4003	AITOR MUIÑO BERMÚDEZ		SUB10M- 8	00:05:04	00:05:04		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
13	4308	JULIETA VIGUERET BERMUDEZ	F- 5	SUB10F- 5	00:05:11	00:05:11			CABANA DE BERGANTIÑOS
14	4013	BREOGÁN CANOSA RODRÍGUEZ		SUB10M- 9	00:05:13	00:05:13			CEE
15	4016	ALEXANDRA CERVIÑO BLANCO	F- 6	SUB10F- 6	00:05:19	00:05:19			MUXÍA
16	4305	LUCAS LAGO BUSTO		SUB10M- 10	00:05:33	00:05:33			CORCUBIÓN
17	4011	ALDARA CANCELA ALLO	F- 7	SUB10F- 7	00:05:39	00:05:39		MALLADORES TEAM	TEO
18	4021	NÍAN QUINTEIRO QUINTELA		SUB10M- 11	00:05:40	00:05:40			CEE
19	4005	LIA TRABA DOMINGUEZ	F- 8	SUB10F- 8	00:06:02	00:06:02		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
20	4002	ALDARA LAGO MARTINEZ	F- 9	SUB10F- 9	00:06:10	00:06:10		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
21	4204	XABIER MARTÍNEZ TRASMONTE		SUB10M- 12	00:06:16	00:06:16			CORCUBIÓN
22	4014	DAIRA CASTRO CASTRO	F- 10	SUB10F- 10	00:06:19	00:06:19			LARACHA (A)
23	4023	SARAH ROCHA MORATE	F- 11	SUB10F- 11	00:06:25	00:06:25			CAMARIÑAS
24	4304	CARLA GERPE SONEIRA	F- 12	SUB10F- 12	00:06:25	00:06:25			CAMARIÑAS
25	4022	CHLOE RAJOY CANOSA	F- 13	SUB10F- 13	00:06:25	00:06:25			CAMARIÑAS
26	4025	LUCAS RODRÍGUEZ DOMÍNGUEZ		SUB10M- 13	00:06:40	00:06:40			CEE